

FREE
AUGUST 2011

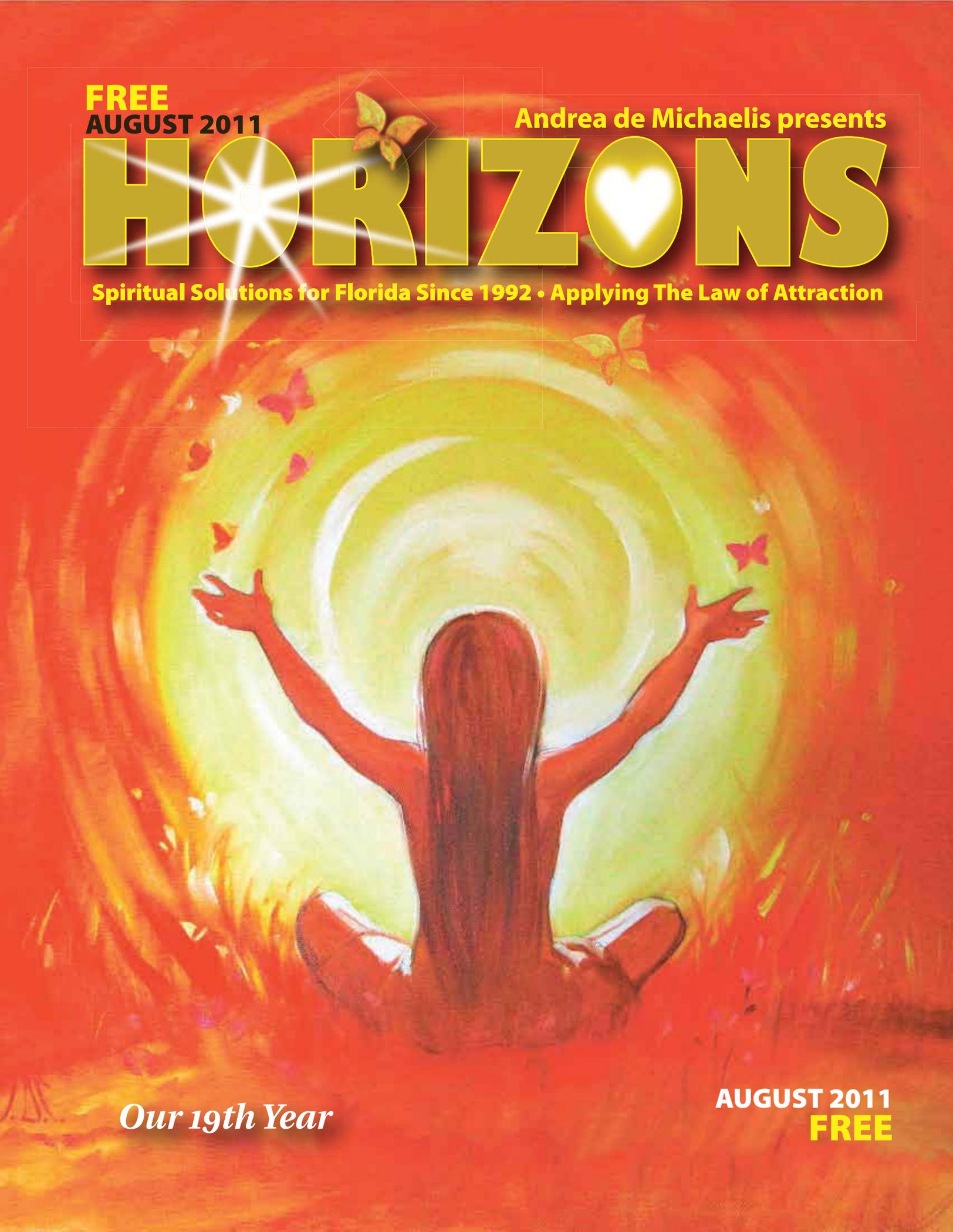
Andrea de Michaelis presents

HORIZONS

Spiritual Solutions for Florida Since 1992 • Applying The Law of Attraction

Our 19th Year

AUGUST 2011
FREE





Enchanted Gifts for the Mind, Body and Soul

Creative Energy



Come See Our Expanded Line of Oils:
Essential, Pure, Goddess, Zodiac, Blends,
Perfume, Massage and Body Oils

*Let us be Grateful
to People
Who Make us Happy ~
They are The
Charming Gardeners
Who Make
Our Souls Blossom.*

~Marcel Proust



Mari the Sea Goddess Spirit of Water
"Tidal Flow Becomes Her Siren Song"

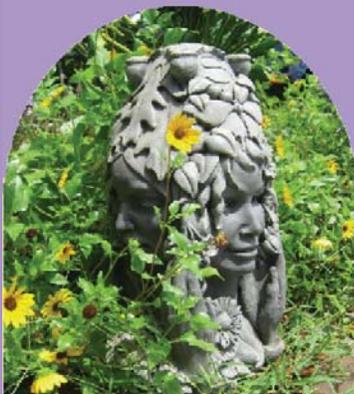
Our Enchanted Gifts include:
Crystals, gemstones, jewelry,
salt lamps, drums,
didgeridoos, singing bowls,
books, tarot, CDs, candles,
incense, oils, herbs, sage,
divination tools, statuary &
altar items, belly dance
accessories, henna, tapestries,
peace-promoting items,
faeries and more!



Coming Soon ~ Special Order "Blessing Baskets"

Don't Forget!
"FRIDAY FEST"
Family Street Party
August 12th 6 pm - 10 pm
Drum Circle
"Down on the Corner"

Creative Energy
presents
Mini Readings
Fridays and Saturdays
11 am - 5 pm



835 East New Haven Avenue
in Historic Downtown Melbourne
(Think Purple)

Monday thru Saturday, 10 am - 6 pm
Sunday, Noon - 5 pm
321 952-6789

"Where Old Melbourne meets the New Age"



AQUARIAN DREAMS

Serving Brevard County since 1986

Conscious Living Products

Incense * Candles * Windchimes
Yoga & Meditation Products
Crystals * Aromatherapy
Massage Tools * New Age Music

Global Imports

India Tapestries * Batik Wallhangings

Natural Children's Products

Positive Lifestyle Children's Books
Natural Fiber Clothing * Organic Toys

Gemstone Jewelry

100's of one-of-a-kind pieces.

Natural Fiber Clothing

Imports from India, Bali & Guatemala
Yoga Pants * Tai Chi Shoes * Sarongs

Holistic & Spiritual Books

Largest selection in Brevard County!

Daily Classes

Yoga * Tai Chi * Meditation * Zen
Healing * Kundalini * Chi Gung

Mail Order Catalog

Request our catalog or visit us online



Special Events: August 2011



Intuitive Healings & Massage Therapy with Teren

Intuitive bodywork - reflexology - pranic healing
& crystal healing - meditation - hatha yoga
Massage License #MA33885 Establishment License #MM13334

Transformational Experiences

Sedona Metaphysical Teacher: Bruce Orion
Astrological Counseling, Past Life Regressions,
Chakra Clearing, Higher Consciousness Work
For more information, visit www.bruceorion.com



August 5 - 7:

Buddhist Events with Lama David Bole

Lama David is a fully ordained monk (Gelong) in the Karma Kagyu lineage of Tibetan Buddhism. He studied meditation under renowned master Khenpo Karthar Rinpoche.

Daily Services available: Acupuncture & Oriental Medicine
Astrology Readings * Chakra Balancings * Hypnotherapy
Massage Therapy * Past Life Regressions * Pranic Healing



414 N. Miramar Ave (Hwy A1A)
Indialantic (321) 729-9495
www.aquariandreams.com



**Stop in and
see if what
we offer
nourishes
your soul...**

Rev. Beth Head welcomes you



1745 Trimble Road
321.254.0313

**A POSITIVE PATH
FOR SPIRITUAL
LIVING...**

Unity offers practical, spiritual teachings that empower abundant and meaningful living

**If you like Wayne Dyer and
Louise Hay, you will enjoy
Unity of Melbourne**

JOIN US SUNDAYS 10:00AM

Sundays in August 10:00AM Vacation Time at Unity!

Even though August in Melbourne is the perfect time to take a vacation, not everyone leaves our fair city. So, for those of us staying in town, we will gather each week and take a collective vacation from those attitudes and beliefs that keep us from expressing God's Love, being God's Light and living God's Truth. Charles Fillmore said, "All thought is formative; all thought has its effect in our lives." As we take a vacation from unsupportive thinking thought this month, we can and will change our lives!

August 7th – Take a Vacation from Scarcity

Many of us have lived long enough with the belief that there are not enough resources for all of us. Today is the day to eliminate scarcity thinking once and for all.

August 14th – Take a Vacation from Anger

A seemingly growing challenge our society faces today is anger. More than a problem in society, is it a problem in your life? Today, we will take a fresh approach to anger. Rather than learning how to manage our anger, we will look at taking a life-time vacation from it through deeper spiritual understanding and by allowing that deeper spiritual understanding to help lessen, if not eliminate, the anger in others. Now that would be a vacation worth taking, wouldn't it?

August 21st – Take a Vacation from Stress

In today's demanding world, everyone feels stressed from time to time. We feel the stress of the job, of family, of the price of gas, of the world situation – the list could go on and on. While we cannot control the outer situation, we absolutely can do something about our inner world. Today we will look at some sure-fired spiritual tools to help us take a permanent vacation from stress.

August 28th – Take a Vacation from Negativity

In an utterly delightful way, we will bring our vacation month to a close by seeing before our very eyes the meaning of "change your thinking, change your life" as we witness the power of taking a vacation from negativity. You won't want to miss this Sunday.

Ticket price \$10. A "Voyage to Betterment" began in 2005 for film producer Dave Haas, when he encountered a serious health problem and asked his business partner, Andrew Facca, for advice. Facca issued Haas a 30-day challenge, and he, along with a group of other participants, pledged to follow Facca's "Ten Principle Elements." That challenge turned out to go far beyond eating habits, diving inward to reveal the power that mind and spirit have over total body health. After 30 days, Haas had lost 25 pounds and dramatically decreased his risk of getting serious diseases, and most significantly, reduced his risk of heart disease and stroke by 63%. The film was sponsored by the University of Redlands Meditation Room, which opened in 2007 and was one of the first contemplative classrooms in the country, pioneering a shift in university education towards holistic learning that cultivates body-mind-spirit well-being. Featured in the film are Dr. David R. Hawkins, MD, Dr. Neal Barnard, MD, Dr. Kam Yuen, DC. See the trailer at <http://voyagetobetterment.com> or visit www.youtube.com/watch?v=0KYBiTDzX00

**Movie: Voyage to Betterment
Wednesday, August 24th 7:00pm
Wednesday, September 21st 7:00pm**

**Art and Practice of Nothing and No One Against You
with Lloyd Reiser
Friday 8/19/2011 7-9pm and
Saturday 8/20/2011 9-5:00pm
and follow-up next 3 Fridays.**

This class is offered as part of the Transformation Experience. Our goal is to have a significant number of people complete this class to help us realize our vision of a world that works for all. This program teaches us how to dismantle any exception to the principle that there is only one presence and one power at work in our life, God the Good. The Art & Practice is a fast-track to healing and personal transformation. It is a foundational program because it brings us individually and collectively into congruence with Unity principles and spiritual practice. It helps us to be in integrity with who we have come here to be in every aspect of our lives. You can find out more about the Art & Practice program and its creators at: www.theqeffect.com. This qualifies as a communication class for Partner Membership. Love Offering.



**CHRISTIAN MEDITATION:
UNSPEAKABLE LOVE with
Rev. Elizabeth Stamper, LMHC
Classes: Mondays, August 8–29, 7–9:30pm
Retreat: Saturday, September 3 10am–2pm**

Explore the mystical practices that have origins in both ancient and contemporary forms of Christianity: including ways to pray and meditate as taught by Jesus himself, the early Christians, mystics of the middle ages and present-day contemplative Christians. As both prayer and meditation help us move into a more centered, expansive and open-hearted consciousness, each class will be a journey deeper into that state. Suggested Love Offering: \$10/class \$25/retreat Elizabeth is a

psychotherapist, energy healer and breathworker. She has been a student of meditation and yoga since she was 19. Her passion is working (and playing) to weave together the threads of psychology and spirituality, of our everyday humanness and our cosmic awareness, into an ever-expanding, joyful and loving experience of LIFE.

Ongoing Events

Adult Sunday School – Sunday, 11:15-noon. Join us as we have a metaphysical discussion. This is a time to ask questions and a time to share.

Healing Prayer Service - Tuesdays and Thursdays at Noon - Open to all.

Revolutionary Agreement Groups

1st Wednesday (August 3rd) 7pm 2nd Saturday (August 13th) 1pm

**A Course In Miracles - Facilitator: Darlene Capinha - Tuesdays 7:30pm
Reiki Healing Service with Lloyd Reiser 1st Sunday (August 4th) 4:00pm
New: Chanting with Lloyd Reiser 2nd Sunday (August 11th) 4:00pm**

Coming Thursday, September 8, 2011 – Unity World Day of Prayer For info visit www.unityofmelbourne.com or www.worlddayofprayer.org.

Coming Sunday, September 25th 10:00am REV. EDWENE GAINES service and afternoon workshop

Always check www.unityofmelbourne.com for possible event date or time changes

DIRECTIONS TO US: I-95 exit 72, follow Eau Gallie Blvd (518) to Wickham Rd & go left, then left on Trimble. Trimble is north of Eau Gallie Cswy, south of Aurora.

**The greatest
optical illusion
is separation**

HORIZONS

Publisher/Editor/Layout

Andrea de Michaelis

Thanks for help this month

Gerald & Rev. Beth Head
Brandon Moordian
Morgana Starr

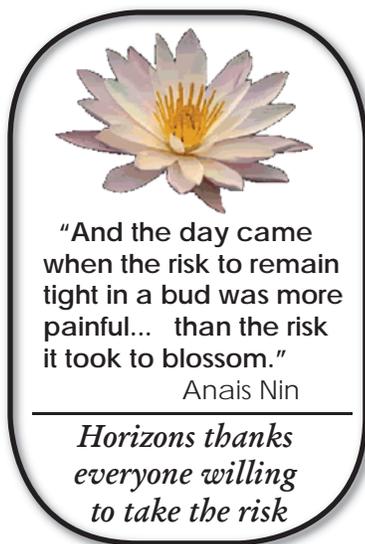
Cover Art (see page 29)

Golden Moment by Jane Taylor

Contributing writers:

Armand Della Volpe
Michelle Whitedove
Esther & Jerry Hicks
Vicki Hannah Lein
Cecelia Auitable
Dawn M. Staszak
Lynn A. Thomas
Karen Williams
Barbara Lee
Mike Dooley
Alan Cohen
Tom Sannar
Wayne Wirs

Our Advertising Rates ... Low because we're in it for the outcome, not the income	6
12 Steps of Spiritual Freedom by Rev. Tom Sannar	6
This Month's Thoughts About Things by Andrea de Michaelis	7
The Teachings of Abraham by Esther and Jerry Hicks	8
What is Enlightenment? by Wayne Wirs	11
Liberation Banquet by Vicki Hannah Lein	12
Herb Corner with Cecelia Auitable	13
Is It Friday Yet? by Dawn M. Staszak	14
Ask Whitedove with Michelle Whitedove	15
Soul Powered Life by Lynn A. Thomas	16
From The Heart by Alan Cohen	17
Our Classified Ads	18
Our Calendar of Events	19
Our Phone Directory *Horizons may be picked up at most of these locations*	20
Abraham Fun with Karen Williams	24
If It Does Not Give You Peace, Why Do You Believe It? by Armand	25
Notes From The Universe by Mike Dooley	28
Cover Artist	29
Solar & Lunar Celebrations: A Folk Ways Calendar	30
Our Mission Statement	35
Monthly Horoscopes by Barbara Lee	36
Suggested Reading, Watching, Listening	37



HORIZONS MAGAZINE is distributed FREE each month to 200+ bookstores and health food stores throughout Florida, as well as by subscription. HORIZONS is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life. Please write us with your comments.

ARTICLE SUBMISSION: You may submit articles of 200-900 words on any area of personal growth and practical spirituality to HorizonsMagazine@aol.com, along with a 50 word bio telling who you are and how to contact you. Time sensitive articles must be submitted 4-5 months in advance. Any article that promotes a particular person, product, service or event is considered an ad and is paid for as an ad.

The views expressed in Horizons Magazine are those of the authors and not necessarily those of its publisher or advertisers. We do not necessarily endorse the ideas or products of our advertisers, but we honor their right to offer them. We reserve the right to edit material for space and content. Horizons Magazine © 1997 Andrea de Michaelis

HORIZONS MAGAZINE 321.722.2100
575 Escarole Street SE • Palm Bay, FL 32909-4802

We accept all credit cards and Paypal

Visit www.horizonsmagazine.com
Email HorizonsMagazine@aol.com

Classifieds \$1.50 per word. page 18
 Calendar \$.30 per word. page 19
 Phone Directory \$5 per line. page 20

DISPLAY ADVERTISING RATES

Ad size	1 month	3 months*	6 months*
Small Strip Ad	\$ 50	\$ 40	\$ 30
Business card	\$ 90	\$ 75	\$ 65
1/4 page	\$180	\$150	\$125
1/3 page	\$200	\$175	\$150
1/2 page	\$300	\$250	\$220
1/2 on pgs 36,37	\$350	\$300	\$250*horoscopes
Full page	\$400	\$350	\$300
Back page color	\$625	\$565	\$475
Inside back color	\$525	\$465	\$400 color
Inside front color	\$550	\$485	\$425 color
Page 3 color	\$550	\$485	\$425 color
Page 4	\$450	\$400	\$350
Front cover	\$900 (Restrictions apply)		

COLOR ADD 25%

*You must prepay to get discounted rate

Example: Business card for 6 months is \$390 prepaid
 Full page ad for 6 months is \$1,800 prepaid
 Broken contracts receive full advertising credit

BEST AD RATES & WIDEST DISTRIBUTION

of any spiritual growth magazine in Florida.
 We're distributed monthly to 200+ bookstores and health food stores all over Florida, as well as by private subscription. See pages 20-23 to see where HORIZONS MAGAZINE is distributed

For good advertising results, studies show it takes a reader 3-4 times seeing a new ad before it is noticed and acted on. By the 4th ad, readers begin to call.

Payment is due by the 10th with your ad.

DISPLAY AD SIZES

Full page ad is 7.25" wide by 9.5" tall
 1/2 page 4.25" tall by 7.25" wide or 9" tall by 3.5" wide
 1/3 page 2.8" tall by 7.25" wide or 9" tall by 2.3" wide
 1/4 page 4.25" tall by 3.5" wide or 2" tall by 7.25 wide
 Business card ad is 2" by 3.5"
 Small strip ad is 1" x 3.5"

**WE ACCEPT ALL CREDIT CARDS
 AND PAYPAL ONLINE**

Email us at HorizonsMagazine@aol.com

321-722-2100

Mail ad with payment to
HORIZONS MAGAZINE
 575 Escarole Street SE
 Palm Bay, FL 32909-4802

12 Steps of Spiritual Freedom

By Rev. Tom Sannar

www.new-thought.org/ Email oneheart@roadrunner.com

- 1. Recognition - God Is First.** I recognize that there is an Infinite Power and Presence greater than I am. This Presence is on purpose and knows the answers to all of my questions and has the ability and the willingness to fulfill all of my desires.
- 2. Unification.** I unify my consciousness with the consciousness of God. I am willing in total faith and trust to allow Spirit to guide me and direct me in my daily affairs.
- 3. Willingness To Change.** I am willing to assess my life, to honestly look at and face all my fears.
- 4. Dominion.** I take dominion and responsibility for my life. I give up blame and judgment. I accept myself and all others.
- 5. I Live On Principle.** I know that I am a Spiritual Being. I live my life with honesty and integrity.
- 6. I Live On Purpose.** I am willing to commit to the process of purposeful living. As I discover my purpose and live it with courage, I am transformed.
- 7. Forgiveness.** I forgive myself for any past mistakes and I forgive all others who I think have harmed me.
- 8. Positively Present.** I maintain a positive attitude, regardless of what is occurring in my life. I know that behind every seeming crisis, there is opportunity for good.
- 9. Persistence.** I persist through faith. I maintain focus and discipline.
- 10. Service.** I know that the floodgates of opportunity open wide by my giving myself in unconditional service to others.
- 11. Gratitude.** I am grateful for my life and all aspects of my life. I see all people as the goodness of Spirit in form.
- 12. Tithing.** I come to understand and embody the principle of tithing, so that I freely and unconditionally give one tenth of my time, my treasure, and my talent to my spiritual source.





Andrea de Michaelis
Publisher

This month's thoughts about things...

"In the company of one who is living Love, you can't help but spring into that Love."
- Sri Sri Ravi Shankar

Hello and welcome to the August 2011 edition of Horizons Magazine. The final shuttle launch Atlantis happened last month. I'd driven to Merritt Island four hours afterward to pick up my computer, and there was launch traffic all along I-95, US1 and A1A. Aaaugh, I thought, how to get back home?? I haven't been caught in traffic in years. My computer guy Chuck told me to go home on South Tropical Trail from Highway 520. I cruised all the way down to Mathers Bridge seeing only a handful of drivers. The Indian River was on one side of me and the Banana River on the other. While everyone else was stuck in the shuttle launch traffic, a wise man told me to take the road less traveled and I had a serene and beautiful ride. I love it when friends with more knowledge and experience give me helpful tips like that. Vibrational matches like these are evidence that I continue to attract good stuff.

Author Wayne Wirs (see page 11) and I were talking last week about spiritual practice, and he suggested I change my schedule to expand the time I spent at the healing bench, and shorten the time I spent in personal meditation. "Just try it for 30 days," he said. I love new challenges like that, changing it up. Later he asked: "How is that hour long selfless meditation mod working for you?"

I wrote back to him: I like it, although I admit shortening my creative visualization sessions to accommodate. I was doing an hour twice a day personal meditation, then 20-30 minutes twice a day praying for the names on the healing bench, then another hour later doing creative viz on behalf of friends, family, whoever asks me to. Since a lot of the same people are on the bench that ask me to hold a vision for them, I translated your suggestion into that it would be better for me to just pray for them rather than hold a specific (and perhaps limited) vision with them.

The new routine: Now I'm doing an hour morning meditation, just following breath first, some prayers but no visualization. After that I do 20 minutes on the healing bench, reading and picking up the notes and pics and emails and holding them in my mind and thoughts for a moment. I recognize our essential Oneness and ask God/dess to bless them and give them strength and awareness to ease whatever their distress.

In the afternoon, I now do a 30 minute personal meditation (again just breathing/awareness) followed by an hour now at the bench. I do ho'oponopono then as well as the prayers and acknowledgement of Oneness. My personal meditation is valuable to me not just because it keeps me centered and sane, but science has proven that mindfulness practice heals the cells in our brain and body. Mindfulness practice does what no drugs can do. It causes neural pathways to grow thicker and more robust, more capable of carrying

Read Andrea's daily blog at <http://horizonsmagazine.com/blog/>

...continued on page 34...

If you appreciate what Horizons has each month, show your support by subscribing, even if your local store carries us.

Subscribe Today

Postage has gone UP but our prices have gone DOWN

We'll give you 12 monthly issues of Horizons Magazine for just \$22 (\$42 overseas.) Charge it to any credit card or PayPal. FILL OUT THIS FORM OR CALL 321-722-2100, and the next issue of Horizons Magazine will be at your door early each month. You may email HorizonsMagazine@aol.com or mail to 575 Escarole St SE Palm Bay, FL 32909-4802.

Please send me ____ subscription(s) at \$22 each. I enclose my check or money order ____ OR
Charge \$____ to my credit card. The number is _____
The expiration date is : _____ Email address: _____
Mail my subscription to: Name _____ Phone _____
Address : _____ Apt No. _____
City _____ State _____ Zip Code _____

Yes! I want to receive Horizons Magazine at my own front door

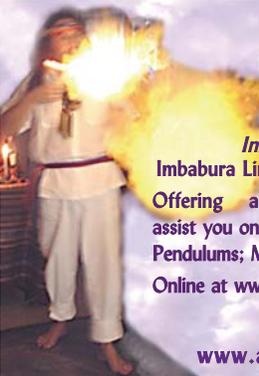
Tom Arcuti
Yachak Shaman of Imbabura

SHAMANIC CEREMONY
Initiated in the Tradition of the Shamans Of Imbabura Lineage of the Caras from the Andes of Ecuador

Offering an extensive gathering of products to assist you on your Journey: Crystals & Stones; Medicine Bags; Pendulums; Mineral Elixirs; and Smudge Supplies.

Online at www.allipacha.etsy.com or call for a private viewing.
386-747-9294

www.allipacha.com tom@allipacha.com



ABRAHAM-HICKS



Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Esther & Jerry Hicks are authors of *Ask & It Is Given*, *The Amazing Power of Deliberate Intent*, *The Vortex*, *Where Law of Attraction Assembles*, *All Cooperative Relationships* and the *NY Times Best Seller, Money* and the *Law of Attraction* and their dvd, *The Secret Behind "The Secret."* Visit www.abraham-hicks.com.

Abraham is a group of nonphysical teachers, speaking their broader perspective through Esther Hicks. Esther & Jerry Hicks are authors of *Ask & It Is Given*, *The Amazing Power of Deliberate Intent*, *The Vortex*, *Where Law of Attraction Assembles*, *All Cooperative Relationships* and the *NY Times Best Seller, Money* and the *Law of Attraction* and their dvd, *The Secret Behind "The Secret."* Visit www.abraham-hicks.com.

Spiritual Advisor/Medium/Reiki Master
Tarot, jewelry, crystals, books
Nature's Spirit Aromatherapy



OWL VISIONS
501 Florida Ave
Cocoa Village, FL 32922

Rev. Terri McNeely
321-292-9292

www.owlvisions.com

TO BE AGELESS FOREVER WITH DIABETES DIAGNOSIS?

Question: There are two areas. One is, I want to be ageless forever! The other is, I have insulin dependent diabetes. And I've been applying your suggestion that I take that "Stick" about how well I'm doing, measuring my blood sugars... and just put it away.

And, indeed, I'm now in a whole new place: I have succeeded, I've accomplished that. I have more vitality. I'm physically active, dancing, and riding horses, I'm a happy girl. And I was really fascinated when you said that a person is 24 hours away from regenerating the tissue in their pancreas. And I'd like to know how to do that.

Abraham: We were talking about your not wanting to be the boss? And how that's not your job, anyway? That your job is the visionary, and Law of Attraction is the Manager? Well, Law of Attraction is the manager that will orchestrate all of that, too.

There's a tendency to get too actively involved, even in the visualization process. And so, you're better off envisioning the outcome than you are envisioning the regeneration of the tissue, because it's not something that you can see. That's the problem with medicine in your culture. There is so much examination over what's gone wrong that they hold themselves in the vibration of resistance that does not allow the cure, or does not allow the healing.

And so, keep dancing. Keep being the happy girl. That's the answer. Keep trusting this huge, effective manager that is waltzing into your life, on a regular basis, to facilitate anything that you have envisioned.

...continued on page 26...

THE SPIRITUALIST CHAPEL OF MELBOURNE
with Rev. John Rogers
1924 Melody Lane
MELBOURNE



SUNDAYS 10am-11:30am
Everyone Welcome!
321-733-1555

Check website (under special announcements) for dates for **MEDIUM'S DAY**
Open to the public
\$15 for 15 minute reading

Visit www.spirit-chapel.org



MATRIX



ENERGETICS®

The Science & Art of Transformation



Matrix Energetics is a powerful consciousness technology that provides for instantaneous and lifelong transformation at the physical, mental, emotional, and spiritual levels. Committed to transforming the planet one person at a time, Matrix Energetics offers easy-to-learn techniques and strategies for enhancing all areas of life—such as health, family, career, relationships, and finances. Based upon widely-known principles of Quantum

Physics, Matrix Energetics taps into the morphic field of infinite potential and provides easy access to infinite possibilities for all who choose to participate.

**Attend one of our life-changing seminars
in a city near you**

To find a Certified Practitioner near you, visit:
www.matrixenergetics.com/cp-listing.aspx

FEATURED SEMINAR

Fort Lauderdale, FL

LEVEL 4



NOVEMBER 5TH - 7TH - WESTIN BEACH RESORT

UPCOMING SEMINARS

Boston, MA

Levels 1 & 2, August 12 - 15, 2011

Boston Marriott Cambridge

San Diego, CA

Levels 1 & 2, August 19 - 22, 2011

Level 3, August 24 - 25, 2011

Hotel del Coronado

Chicago, IL

Levels 1 & 2, September 9 - 12, 2011

Hilton Rosemont Chicago O'Hare

Newark, NJ

Level 3, September 17 - 18, 2011

Renaissance Woodbridge Hotel

Fort Lauderdale, FL

Level 4, November 5 - 7, 2011

Westin Beach Resort

Seattle, WA

Levels 1 & 2, December 2 - 5, 2011

P.C. Training, December 6, 2011

Doubletree Hotel Seattle Airport

Check our website for our seminar schedule, early registration discounts, study groups, and information about Dr. Bartlett's books.

Follow us on:

facebook

twitter

1.800.269.9513

WWW.MATRIXENERGETICS.COM

Rev.

See us on Facebook

ALBERT J. BOWES

PSYCHIC READINGS

By Phone or In Person

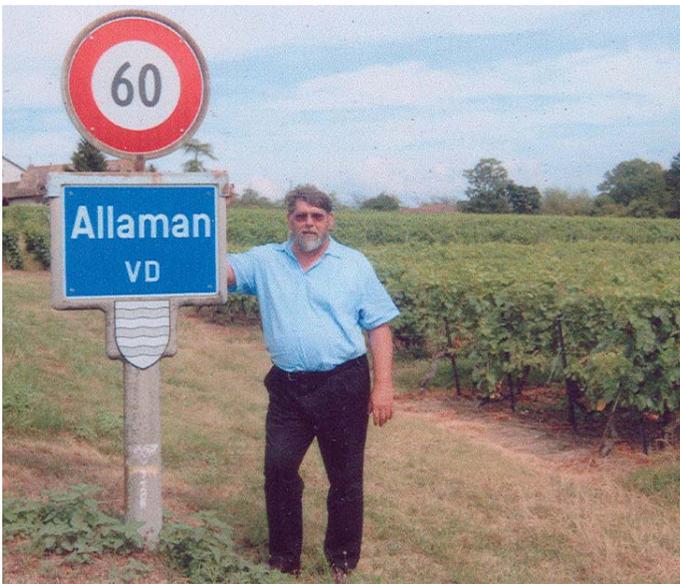
Readings 7 days a week

Phone for appointment

386-228-3209

Testimonial I've been thinking about my reading on Sunday, and things just seem to be falling right into place. Thanks for shining some light on the world around me ! I now have an open mind to accept the changes that are about to take place.....Sonya Goff

Accuracy scientifically proven



Albert Bowes is a REAL psychic detective who has worked with local and national law enforcement agencies.

NEW! See video at www.psychicconsultant.org

Albert, professional psychic over 35 years, is an Ordained Minister, Certified Psychic from Cassadaga, FL. He was a Project Manager and Lecturer with Edgar Cayce Foundation and Association for Research and Enlightenment. He hosted a TV show, and made many television guest appearances. He taught Parapsychology 1 & 2 at the University of Florida and was invited to Russia to study the Paranormal with Psychics and Scientists.



386-228-0168

Nellie

Psychic • Medium • Healer • Teacher

SCSCMA CERTIFIED CASSADAGA

Readings by appointment

seven days a week

Fall Classes, Psychic Development (Certificate Given) Also Chakra System: Healing Your Body

And Life Call For Info 386-228-0168

Testimonials

NELLIE, you said some things about an uncle my mother had that I never knew about. You mentioned that he was a musician, and that he was very well known. The next day I called my mom in Hungary and she started to cry, she verified everything you said. I never knew he existed up until you told me about him. At the time of the reading, you told me that he was there with me, it was a life turning experience for me. Thank you so much Nellie. **Klara**

HI NELLIE: You told me that my great grandmother Gaetano Salito came from the Bari area I have found a young relative named Roberta Salito from the Salerno area and she will be contacting me about the family. There are many relatives from Bari area and the Salerno province. In Bari are the names of my family members: Grimaldi, Salito, Amodeo, and guess what the Fama family into whom my son Charlie, married! Best Regards, **Eileen Deer**

NELLIE, Thank you and Albert for everything. I enjoyed our time so much yesterday – it was hard to believe that 4 hours went by. I love you and Albert – your insight and inspiration is phenomenal. We really do have a good connection – and I am sure now – more than ever – that the highest realms have placed us together. You have both made such a difference in my life – and I feel very blessed for these gifts in my life – meaning you and Albert. I look forward to seeing you again soon. Thank you for your prayers. Love and Blessings, **Diane C.**



Email alwaysnellie@yahoo.com

WHAT IS ENLIGHTENMENT?



Wayne Wirs is the author of "Fading Toward Enlightenment" and "The Implications of the Soul." He has been blogging continuously—before, during, and after enlightenment—for over nine years. Wayne's complete works—his five books, photography and online journal—can be found online at <http://waynewirs.com>.

Enlightenment is when you no longer identify with your thoughts. Since the story of your life, what you think about yourself, and positions you hold dear, are all thoughts, when you "wake up," these thoughts stop feeling like you. They don't necessarily go away, but they do lose their power over you - you stop identifying with them. You stop identifying with the ego story.

Recognizing that you are the witness to all thoughts, sights, sounds, and activities that the brain translates for you, is what I call **Stage I Enlightenment**. You identify with (think of yourself as) the Witness. The Witness is a very apt term used in most non-dual communities (enlightenment seekers). Perceiver is another good name. You, as the Witness, lie behind all your thoughts. You are the witness to the thoughts the brain puts out.

Because most people's brains are generating thoughts all the time, and the ego story is the main "character" in those thoughts, people naturally tend to identify with (think of themselves as) their story - rather than the entity who is witnessing/hearing/feeling the story.

YOUR DREAMS

The easiest way to clarify this is to remember a dream you had. Take the one I had the other day. Imagine you are having that dream. Here you are, walking into a windsurfing shop and the salesman says that you need to buy one of these strange masks/helmets on the wall. Why didn't you tell the salesman, "No way! If I were to fall in the water wearing that helmet, it would be like my head were in a fishbowl. I'd drown!"

...continued on page 27 ...

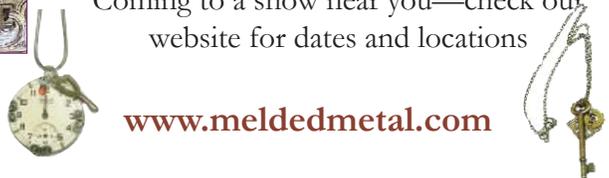


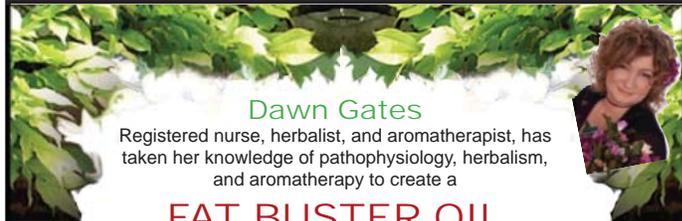
METAPHYSICAL MINERALS AND JEWELRY
"From the Earth to the Stars"

Coming to a show near you—check our website for dates and locations

www.melledmetal.com

Bring this ad for a 20% single purchase discount





Dawn Gates
Registered nurse, herbalist, and aromatherapist, has taken her knowledge of pathophysiology, herbalism, and aromatherapy to create a

FAT BUSTER OIL

Just apply it to the areas that you want to reduce fat in. People report inches being removed in as little as 3-4 days. **4 oz \$20 and 8 oz \$35**

Aurora Perfumes -- healing the mind, body, and soul using aromatherapy to reduce stress, create peace and health. Visit and order online at <http://www.auroraperfume.com> 407- 802-4682
Email Auroraperfumes@yahoo.com

New Vision Retreat: 14th Annual Fall
SPIRITUAL RETREAT for WOMEN
With Elizabeth Stamper & Friends!
Oct. 6th - 10th, 2011 Black Mountain, NC

**COST: Low income \$340,
Middle income \$390,
High income \$460.**
Covers all activities and lodging for 4 nights in beautiful, comfortable lodge, and 6 gourmet meals.
Scholarships available, space limited.

Meditation, Yoga,
Vision Walk,
Breathwork,
Drum Circle,
Ceremony,
and more

(321) 777- 6216 eliz121@juno.com
www.ahealingcircle.com

Rev. Elizabeth Stamper, licensed psychotherapist and Interfaith minister, has been a student of spirituality since 1972, and a teacher/healer for the last 20 years. She has trained and taught extensively in the areas of meditation, breathwork, relationships, inner child work and women's soul/spiritual growth.



JOANNE PRIAULX, LMT, LCT

MA 4308



30 years
experience

COLON THERAPY
MASSAGE THERAPY

COLON HEALTH SERVICES MM921

874-B W. Eau Gallie Blvd

Melbourne, FL 32935

321-242-1713

www.colonhealth4u.com

LIBERATION BANQUET



Vicki Hannah Lein, MS Counseling
www.outrageousvisions.com is an international motivational speaker, singer/songwriter, author, humorist, and Aliveness Coach. An enlightened neurotic herself and legally blind as well, Vicki's clear-sightedness and wicked sense of humor helps people find the courage and perspective they need to set themselves free.

OOBE You Are Not The Body

An astral flight out of the body

A \$10 mp3 file by Andrea de Michaelis



Being out of your body is a natural state that happens every night whether you recall it or not. With this recording, you will become aware of your existence beyond the physical realm. With repeated listening, you will realize your ability to leave your body, to return safely, and remember it.

SEE PAGE 28

To get the most out of this simply healthy buffet, fill in the blanks with practices you enjoy doing. Wellness and joy are all about discipline and movement. Get that juicy joy flowing through your body, remind yourself daily of whom you are meant to be, and gain support, and you can enjoy the journey and build resilience for when Life's Upsets inevitably happen. Look over this every morning to help you set your sails.

REMEMBER:

Ask for help.

Don't give up.

Laugh at your foibles.

Trick yourself into getting healthy and happy.

Just try to get a little bit better in one category every day.

Add your personal favorites to every category as you get to know what floats your boat.

1. PHYSICAL

Take a walk and pay attention to the weather and the season.

Go outside before 10am and increase your metabolism.

Do yoga, Nia- some kind of movement that makes you feel alive. Rock out to a song you love.

Stretch those muscles.

2. EMOTIONAL

Tap into a video or a song you like.

Practice being silly.

Write: free-write, dialog with your Angel Committee, Four Questions and a Mantra

3. SPIRITUAL

Play.

Meditate.

Go on a Blessing Walk.

Talk to the Universe, God, your Angel Committee.

...continued on page 35...

CASSADAGA SPIRITUALIST CAMP PRESENTS



Sunday Adult Lyceum 9:30am Lyceum classes are provided as a forum for those who have a desire to learn more about the Religion, Science, and Philosophy of Spiritualism.

Sunday Service 10:30am Join us for our weekly church Service. All are welcome!

Sunday Message Service 12:30-1:30pm This is a public message service where our students and mediums demonstrate the continuity of life.

Wednesday Night Message Service 7:00 - 9:00 pm Healing will be offered from 7:00 - 7:25pm. The Message Service consists of a brief talk or meditation followed by professional and student messages ending at approximately 9:00pm.

HISTORICAL TOURS Monday - Saturday 1pm & 3pm. Sunday 5pm
Learn about Cassadaga's beginnings, unusual architecture and spirit activity.

ORB TOURS Available Nightly Except Thursdays 8pm A walking tour of Cassadaga to explore energy spots. Take your own photo or see pictures taken by your guide.



For more info on activities, workshops or ongoing classes please visit www.cassadaga.org or call

The Cassadaga Camp Bookstore

386-228-2880

HERB CORNER

Cecelia Avitabile of The Herb Corner and Learning Center in Melbourne FL is a Certified Holistic Health Practitioner with a Masters of Herbalism degree and over 20 years of herbal experience. A member of American Association of Drugless Practitioners and the American Herbalist Guild. Visit www.herbcorner.net and Call 321-757-7522

BUG BITE PREVENTION

I always enjoy this time of year; working out in the gardens, family barbeques, trips to the beach. What I don't like are the countless bug bites.

Now I could use a commercial repellent, but I have looked up some of those ingredients and they can be toxic. Thankfully there are many herbs (a/k/a weeds) on our lawns, in our parks or alongside the road that have insect repelling volatile oils. When you crush or rub the leaves of these plants they release their oil. For example, research done on **citrus leaves** found that there are compounds equally as effective as DEET for repelling mosquitos. It was also found that the chemicals released from the leaves of **Peppermint, Spearmint, Lemon Balm** and **Pennyroyal** can also help to repel mosquitos when rubbed on the skin or clothes. *(DO NOT USE Pennyroyal if you are pregnant or planning to become pregnant.)*

When I am planning an outside adventure I take a strong **Garlic** capsule; one that has an odor because as you sweat out the garlic, it repels biting creatures of all kinds. **You can make a spray by mixing 1 part of Garlic juice with 5 parts of water in a spray bottle, then when you are ready to go outside you can spray it on yourself.**

Citronella is another plant that I use; the essential oil has a lemony-scent that deters many backyard insects. It's not very strong so it needs to be used often. **I make a mixture using 4oz. of Jojoba oil, 30drops of Citronella, Pennyroyal and Eucalyptus, 20drops of Lemongrass and Lavender and 10drops of Clove essential oils in a glass spray bottle.** Just be careful the first time you use essential oils on your skin they can be very strong.

Besides herbs, choose your clothing wisely. Mosquitos are attracted to water and dark clothing resembles standing water. Floral prints or bright-colored fabrics can fool even the smartest bee, especially if you are also wearing perfume. You may also want to remove as much standing water from around your yard by drilling holes in the bottom of garbage cans, flowerpots or anything else that holds water. If you have a pond or birdbaths try adding some cornstarch to the water, it messes with mosquito larvae but it won't hurt other creatures and its bio-degradable.

Why not try these few simple tips and see what happens this year.

THE HERB CORNER AND LEARNING CENTER

Hours: Wed-Fri. 10-5, Sat. 11-3
277 N. Babcock St., Melbourne * 321-757-7522

Please stop in for a cup of tea!



OVER MEDICATED? WE HAVE NATURAL ALTERNATIVES!



TAKE CONTROL OF YOUR HEALTH & BOOST YOUR IMMUNE SYSTEM!

Herbal teas, tinctures, capsules and creams to aid with fighting: Blood pressure * Cholesterol
* Fatigue * Memory * Hormone Imbalances
* Stress * Cancer & Cancer treatments

Certified Master Herbalist & Holistic Healthcare Provider on Staff

Hundreds of Organic Bulk Herbs
Custom Blended Herbal Remedies
Glass & Plastic Bottles
Private Consultations
Herbal Classes



**Maria Leach -
Spiritual Teacher/Medium/Energy Worker**

Provides Channeled Spiritual Readings, Mediumship Sessions, Medical Intuitive Sessions, Cross-over Readings and much more!

Her honest, down-to-earth approach accurately looks into your past and present, enabling her to provide guidance for the future. Maria's energy sessions will help to relax you and aid your body in healing itself.

Call Maria today for an appointment or more information • 321-757-7522

We Sell More Than Just Herbs!

Oil Diffusers & Organic Essential Oils * Detox Foot Bath Sessions
FDA Approved BioMat/Energy Sessions * Candles
Crystals & Gemstones * Holistic Books * Crystal Spinners
Himalayan Salt Lamps * Angel Statues & Pins
Meditation CD's * One of A Kind Jewelry
Organic Skin Care Soaps & Cosmetics
Perfume Bottles, Tear Bottles and Unique Gifts



UPCOMING EVENTS: See www.herbcorner.net for full listing

Aug. 4 - Intuitive Development Class - 6:00-8:00pm
Aug. 6 - Herb Class - Herbs for Female Reproduction - 9:00-11:00am
Aug. 13 - Body, Mind & Spirit Fair - 10:00am-3:00pm
Aug. 20 - Herb Class - Herbal First Aid - 9:00-11:00am

Visit www.herbcorner.net for articles, recipes, newsletter, etc.



“IS IT FRIDAY YET?”

Dawn M. Staszak has worked in commercial and non-profit, large and small companies, both as a permanent and temporary employee for over nineteen years. She holds a Bachelor of Science degree in Business Administration (Sales and Marketing) and two Associate degrees. She is currently a Senior Administrative Assistant in a Fortune 500 company. www.guruintheoffice.com

5 Easy Ways to Feel Great at Work

So many of us in our Monday through Friday, nine-to-five jobs ask this question (or get asked this question) at least once during the work week. Starting with **Monday**, we count the days to **Friday** (“four more days, three more days ...”). **Wednesday** is “Hump Day”, **Thursday** is always “well, at least tomorrow’s Friday!” Then, **Friday** finally comes and around lunchtime we start counting down the hours (“only four more hours to go, three more hours to go ...!”) If you find yourself doing this “weekday countdown” once too often, perhaps it is time to do something about it.

I had to figure out some way to make it better, but without taking up any extra time, because time was something that I lacked, and we have to make do with

the circumstances we are given. Born out of necessity and frustration, the following five sanity-saving “tricks” have proven to work for me, and perhaps may help you as well.

THE COMMUTE

Normally, you get in your car, put on the radio, and listen to the news or some other background noise while your mind is already thinking about the day’s tasks, meetings, and worrying about all you have to do. Instead, use this time as an opportunity to listen to inspirational audio programs or your favorite radio morning DJs. If you car pool or take the train, listen to programs on your headphones or read an inspirational book. This can cost you nothing, because there are several great audio programs and inspirational books available for free at your local library. Especially interesting CDs I enjoy include **Tony Robbins**, **Robert Stuber**, **Gregg Braden**, **Wayne Dyer**, or **Louise Hay**.

However long your commute is, if you spend it connecting to teachers that enrich you, by the time you get to work you are motivated and ready for the day. Also, you are infusing your consciousness with positive thoughts that you will carry with you and possibly influence your co-workers, as well. By the time you get to work, you’ll be in a great mood!

PASSWORDS

This is an easy way to do affirmations! This is positive self-talk. Make your password something like “iamprosperous2” or “thankgod4” so that each time you have to log in, you are forced to say something good to yourself and put a smile on your face!

E-MAIL

In business, we send hundreds of e-mails a day back and forth to each other. Take advantage of this opportunity to spread a little joy and include a message in the signature line of your e-mails. There are literally thousands to choose from. You can find daily inspirational messages from “Beliefnet” at www.beliefnet.com, or

...continued on page 31...



SISTER BENNETT
Candle Magick
 For love, luck,
 and health

Love offerings accepted
 904-535-6949

METAPHYSICIANS’ CIRCLE

1st Sunday PSYCHIC FAIR
 \$10 for 15 minute reading

2nd, 3rd, 4th, 5th Sundays
 Guest Speakers on Metaphysical Topics

\$3 fee
 7:00 - 8:45pm

321-474-7348

NEW LOCATION:
 307 E. Lincoln Avenue
 downtown Melbourne

Always seeking new speakers, visit
www.metaphysicianscircle.com



The Cosmic Church of Truth



1637 Hamilton Street
 Jacksonville, FL 32210

Sunday Mornings
 Lessons In Truth
 Sunday Service 10:30am

*Call for classes & meetings.
 Private counseling &
 healing sessions
 available by appointment*

(904) 384-7268
www.thecosmicchurchoftruth.net

Ask WhiteDove



Got a burning question? Celebrity Psychic and Spiritual Teacher Michelle WhiteDove is here to help give clarity on topics from Archangels to Zodiac, just ASK WHITEDOVE! Lifetime TV named her "America's #1 Psychic" after showcasing her gifts on "America's Psychic Challenge." Ask your specific questions at www.MichelleWhitedove.com.

Dear WhiteDove:
If one of the key aspects in life is to love and to be loved, why is true love so hard to find? I feel very lonely.
 ~Frisky in Fort Lauderdale

Dear Frisky,
 Real love abounds! It surrounds you in every day opportunities. Give love and you will receive love. Are you showing love to the person that's telephoning you? Do you love the animals that cross your path? Are you showing unconditional love to your family? Love everyone and you will be loved. Romantic Love is out there, don't look for it...be it ^i^

*Dear WhiteDove:
 I just found out that my cousin is gay. My religious family is very upset and they are saying awful things. Do you think that he'll miss out on Heaven because he's gay?*
 - It's a Drag in Dayton

Dear Drag:
 That's what I love about God, it's equal opportunity in Heaven! So don't worry, God loves all of his children regardless of their race, religion, or sexual preferences. Discrimination, prejudice, and intolerance only exist on Earth. Why do so many "religious" people discount what Jesus said, "Judge not lest ye be judged."? I would ask you to be an example of God's love. Be kind towards your cousin, in your words, and your interactions. Truly act in a Christian manner and lead your family by example.

...continued on page 32 ...



The Cosmic Salamander, Inc.
 Janice Scott-Reeder, AA,BA, licensed Psychic & Astrologer
 From supplies to readings we have you covered!
954-698-6926 (Coconut Creek, FL)
www.cosmicsalamander.com

Rev. Dawn Casseday
 Psychic, Clairvoyant, Medium
 Reiki /Energy Healing, Tarot
 Past Life Regression Specialist

Phone readings available

386-478-0341
www.revdawncasseday.com
CASSADAGA

SPIRITUAL PATH FOUNDATION

What you are to be, you are now becoming

Available for private sessions

- Reiki treatments
- Shamanic Healing
- Regressions
- Counseling in person or by phone

Spiritweaver

COMING SATURDAY SEPT 10
Shamanic Warrior: KEY OF LIFE CLASSES
Including Regression for Self Awareness

321-951-8774

www.spiritualpathfound.org
 Email spiritweaver@bellsouth.net and Spiritweaver at www.spiritweavershaman.org

Soul Powered Life



Lynn Thomas is a nationally published author and intuitive writer who blends the practical with the mystical, bringing wisdom and insights to her readers to help inspire and overcome life's challenges. Receive your copy of "Unleash Your Intuition" at: www.SoulPoweredLife.com

Want to Rewind Your Life for a Do Over?

Dissatisfied with life, or lamenting your past? If so, how far back in time would you have to travel in order to wipe the slate clean?

To what point would you need to rewind?
Would it be back in years or just the last hour?
Are you regretting something you did or said?
Do you really think you screwed up?

If we are not careful, we can get quite fixated in replaying something over and over again in our minds. "What did she mean by that?" "Why did I say that?" "Why didn't that work out?" "Why did I make that choice?"

And as we stew and ponder in the past we can build resentment, stress and dis-ease.

Perhaps you are pondering what ifs... "What if I had made a different choice?" "What if I could do that over?"

If we are looking over our shoulder, mulling over our past ... we are not watching where we are going now.

By rutting into the past, we sap our joy, energy, strength, vitality and peace of mind.

*Let go of the stone
If you don't want to drown
In the sea of heartache
That's draggin' you down
It's pulling you under
And you keep hangin' on
If I'm ever gonna save you
Let go of the stone
~ John Anderson "Let Go of the Stone" Lyrics*

INSTEAD OF TRYING TO FIX THE PAST OR FIX WHATS WRONG
DROP THE STONE- LET GO OF THE PAST AND ELEVATE ABOVE IT

Even if you could change the past and get on a different path - who knows that it would be better? You would most likely have the same experience if it's something you need to work through - even if it was with different faces and places. Maybe you are exactly where you need to be.

The past is over. Whatever you would change - you can't change the past. Let go of the past and start fresh today - from this moment.

A friend of mine has health issues related to smoking. He regrets that he ever started smoking, but no matter how deep his regret, he cannot go into the past and change that he started smoking years ago. The past is done. His power is in the now. He need not think about quitting smoking the rest of his life, or even the next day. But by taking a walk, drinking water, chewing gum, or whatever gets him through just his next craving, he takes control. As he gets through that moment, he feels empowered. Each time he breaks through the craving, he builds upon his success and soon finds that he likes feeling empowered more than he likes smoking.

We live moment by moment, feeling our way along. Decide to feel better now. Get into your center and align with your inner knowing and allow.

Allow the best to come in. Allow the best to be resolved. Allow the future to unfold in the highest order for the good of all concerned. Elevate your thoughts by releasing and letting go as you declare: Divine Order is now established in my life.
Divine Order is now established in my world.

Drop the resistance and let go by elevating your thinking and feeling state. Use whatever tools work for you to break the pattern of thought, release the resistance and elevate your thinking: journal about it, exercise, yoga, meditation, visualization, affirmations, prayer, affirmative prayer treatment, seek counseling or go take the dog for a walk.

Acknowledge the present moment and decide to live from this moment in alignment with your highest good.

Stop living with regrets. Let go of trying to figure everything out. Allow the good to flow in to you and all concerned.

Let go and drop the resistance and set yourself free. Get in the good flow by thinking of something that you are grateful about. Take a deep breath in.... and out. Feel at peace, as you feel you way into your center. Feel your power as you go within.



Serena LaSol
Healing Key Way
Reiki -Quantum Touch
Aromatherapy
Sacred Stone Healing
Sound Healing
509-389-0927

Charles Lightwalker
Intuitive Readings -Medical Intuition
Channeling -Sound Healing
Reiki - Author
509-389-7290



TheFamilyOfLight.net

Feel joy to align with your good. Think about something that makes you happy, hopeful or elated. Align with your peace and practice holding onto that feeling.

Feel joy as you establish divine order. Let go.

From the Heart

Alan Cohen is the author of many popular inspirational books, including his newest, *A Daily Dose of Sanity*. Listen to Alan's weekly radio show at www.hayhouseradio.com, and join him for Life Coach Training beginning September 1, 2011. For info about Alan's books, programs, his free daily quotes via email, visit www.alancohen.com, email info@alancohen.com, or 1-808-572-0001.



The Tailor's Secret

Are you concerned about how you look in your bathing suit? Do you worry you don't look as good as you did last year, or ten or twenty years ago? Are you struggling with friendships or business ventures that once worked for you, but do not offer the reward they once did?

If so, **George Bernard Shaw** might show you the door to peace: "The only man I know who behaves sensibly is my tailor; he takes my measurements anew each time he sees me. The rest go on with their old measurements and expect me to fit them."

To plumb to the core of happiness and success, we must recognize the difference between the present and the past: The present exists. The past doesn't. If you have ever tried to go back and relive or rekindle the past, you have probably discovered that you can't. What was, was. What is, is. If something is now, it is because it has life now. If it isn't now, it doesn't exist.

Since the advent of the Internet and **Facebook**, I have received many contacts from people I once knew. My best buddies from elementary school, high school, and college have reached out to say hello. I have enjoyed hearing from them, and in most cases we corresponded by email for a bit, and even got together for lunch. Yet in nearly all cases, those connections did not last very long. When this occurred, part of me felt disappointed, since these friends represented some of the best times of my life and I hoped they would renew. Instead, I found that we no longer had as much in common as we did years ago. While our new times together were pleasurable and rewarding, after reminiscing over old times, we simply did not have that much to say to each other now.

Every relationship exists for a reason, a season, or a lifetime. You intersect paths with some people for a momentary experience, and that is the purpose of the meeting. You were not meant to be together for a longer time. **Ken** fell in love with **Cindy**, and several months later she got pregnant. The couple married and had a beautiful little boy who became the light of their lives. A few years later Ken and Cindy divorced and chose different paths. Yet they both love their son very much, and to this day over 20 years later, he is the best thing that ever happened to them. Ken and Cindy came together to have that child, but they did not have a purpose as life partners.

Some relationships exist for a season. You might have a friend, business colleague, or romantic partner for a number of years. Then you grow apart and the relationship changes form or dissolves. You may believe you made a mistake or something went wrong. But it did not. If the relationship

Open Anytime! Your One-Stop On-Line
Fast Shipping **New Age Shop** Easy To Order

NewAgeThinkersShop.com

- POWERFUL PENDULUMS
- BOOKS, CD'S, DVD'S
- HEALING STONES
- UNIQUE JEWELRY
- TAROT CARD SETS
- FREE INFORMATION

Psychic Readings by: Miss-Donna

lasted for seven years, that was the true lifespan of the relationship. If you tried to stop it before its appointed time, or you try to prolong it after it is complete, your efforts would not work. Its appointed time is perfect.

Some relationships last a lifetime. These might include family relationships, marriage partners, significant friendships, or career colleagues. Such relationships are a blessing, for they run deep and the loyalty and support you share is a true gift. Appreciate such relationships with all your heart. Such people are genuine soul partners.

In truth, all relationships last forever. The nature of relationship is eternal. It's just the earthly form that goes through changes. If there was once love, there is always love. The part of us that gets hurt, upset, or angry, or turns its back on another person is not our true self. Our reality is love. Likewise, if someone leaves this world, that is not the end of the relationship. As spiritual beings, your relationship goes on and continues to blossom. Only love lasts.

There are several ways we hold onto the past in self-defeating ways. One is by clinging to past hurts or resentments. "We bury the hatchet but then we remember where we buried it." Someone hurt you a long time ago, and that is all you remember about this person or relationship. Or you hurt someone and you cannot forgive yourself. Since then the other person has remarried, or passed away, or has left your life. Yet you prolong the pain by focusing on the past hurt.

Another way we keep the past alive is through a sense of indebtedness. Someone helped you with a loan, job, or act of kindness, or they got you out of a jam. Since then you hold them on a pedestal as a kind of savior and you feel forever indebted to them. Or you helped someone and you believe they are indebted to you. Yet **Plato** said, "True friendship can occur only among equals." **A Course in Miracles** tells us, "Miracles are performed by those who temporarily have more for those who temporarily have less." It is holy to ask for help, and holy to give it. But that interaction lives in that moment, and afterward we must release it as giver or receiver.

We also keep ourselves small by holding onto an identity related to a past success. You achieved something admirable long ago, but you milk it forever. Yet there are new and equally wonderful things about you now. Can you stand in today's magnificence as well as yesteryear's?

You don't need to resurrect the past because the Power that made the past beautiful is making now wonderful. That's why they call it the present.

OUR CLASSIFIED ADS

Your listing here for just \$1.50 per word. Mail your listing with payment by 10th of the month preceding publication or email to HorizonsMagazine@aol.com



*To Promote the Religion, Science,
and Philosophy of Spiritualism*

August 4th - 7th 2011
Stansted-in-Florida
4 Day Intensive in Winter Park
Psychic/Mediumship Workshop
in Orlando





**Ongoing Psychic Mediumship
Spiritual Development Classes**

These classes are designed to be on-going once per month development classes to help you improve your personal Psychic-Mediumship skills. These skills are for you to use regularly and daily to have a more enjoyable powerful peaceful journey thru life.

Current New Class in Jacksonville
Thursday Sept 1st – 7-9:30 PM
Held @ Unitarian Universalist Church of Jax,
7405 Arlington Expressway 32211 in the Emerson Room
Phone or e-mail for location and dates of classes.

IFSK Director
Marilyn Jenquin

Private Readings
In Person
or by Phone
\$75 / 45 minutes

407-673-9776 www.ifs sk.com [Email dependablepc@earthlink.net](mailto:Emaildependablepc@earthlink.net)

**Check the complete program for 2011
on our website**

*** GET OFF OF IT! WITH RESONANCE REPATTERNING (®)**

www.repatterninginstitute.net

MIRO POSAVEC, REGISTERED HOMEOPATH www.miropath.com
772-774-8529

SUNSHINE, FUN AND THE WILD SPOTTED DOLPHINS OF BIMINI,
Bahamas! Experience a magical week snorkeling and exploring the turquoise waters and the island in the stream. www.dolfunswims.com

COME FILL YOUR HEART WITH DOLPHIN JOY!
www.dolfunswims.com dolfunswims@comcast.net

REV. SKY SIERA LIGHT4UNOW.COM 561-255-5194
Intuitive Soul Coach, Tarot/Toe Reader and more! AFFORDABLE!

NEW AGE PRODUCTS, HEALING MODALITIES, Monthly Newsletter,
Free Business Directory Listings www.SpiritCleansing.com

PLEASE EMAIL FEEDBACK ABOUT PSYCHIC READERS to the editor at
andrea@horizonsmagazine.com

OOBE OUT OF BODY EXPERIENCE - YOU ARE NOT THE BODY \$10 mp3
file at www.horizonsmagazine.com. See pg 28.

HIGHEST QUALITY HAND MADE LYE SOAP The No Sweat Soap Factory
POBox 882, Mountain View, AR 72560 870-269-9499 [nosweatsoap@
yahoo.com](mailto:nosweatsoap@yahoo.com) www.nosweatsoap.com

CONNECTING WITH YOUR ANGELS, GUIDES & TEACHERS \$10 mp3 file
at www.horizonsmagazine.com. Designed to activate the third eye,
expand awareness, develop psychic perception. Page 28.

Gifts of the Muses
metaphysical services



Discover... Readings and Past Life Regressions

- * Insight and guidance about your Finances, Career, Love and more
- * Your Angels, Spirit Guides, Power Animals and Loved Ones passed over that are around you
- * Who you were in your Past Lives

Special: 10% off any reading & past life regression

Specials Available for Groups and Parties

readings • healing • spiritual ceremonies • past life regression • affirmation candles • groups / parties • classes / workshops

Robin Murphy-Ford, metaphysician - 30 plus years experience
space coast and central florida area

321.544.6738

CHANGE YOUR EATING HABITS \$10
mp3 file at www.horizonsmagazine.com.
By the power of sugges-
tion, your desire to overeat will be
replaced; your craving for unhealthy
foods will be replaced See pg 28.

SLEEPYTIME RECHARGE \$10 mp3
file at www.horizonsmagazine.com.
Play this recording as you are falling
asleep for restful rejuvenation. We
can retrain our consciousness to
create healthy beliefs. See pg 28

CALENDAR OF EVENTS

Call to confirm and learn of last minute changes 30c per word, due the 10th (of the month before) at 575 Escarole St SE Palm Bay FL 32909-4802. Email to HorizonsMagazine@aol.com - call 321-722-2100 with credit card info. No calendar listings taken by phone. Listings must include time and physical location. Just \$10 extra for color or a box around your listing

Thursdays PALM BAY Tai Chi for Seniors 2:00pm Palm Bay Community Center Port Malabar Blvd email wmiddlee@earthlink.net

2d, 4th Thursdays MELBOURNE/PALM BAY 7pm Wiccan-Pagan Outer Court Classes, Church of Iron Oak 321-722-0291

Saturdays ORLANDO Pranic Healing Circle 2-4pm Meditation, healing at Christ Church Unity 771 Holden Ave. Call 407 852-3940

Sundays MELBOURNE Spiritual Lecture Series 9am Yoga Shakti Mission 3895 Hield Rd Palm Bay 321-725-4024 No fee, but offering appreciated. Hield Rd is off Minton Road, just north of Palm Bay Rd, go west a mile or so, on the right, look for mailbox

Sundays MELBOURNE 10am Sunday Service Unity Church of Melbourne 1745 Trimble Rd (off Wickham) 321-254-0313 (see pg 4)

Sundays MELBOURNE 10AM Spiritualist Chapel of Melbourne, 1924 Melody Lane, behind the Melbourne Auditorium 321-733-1555

Sundays MELBOURNE Metaphysicians' Circle meets in a new location in Melbourne 7:00-8:45pm \$3 321-474-7348

1st Sunday MELBOURNE Metaphysicians' Circle presents their Monthly Psychic Fair. Call for new location 7:00 to 9:00pm \$3 admission \$10 for 15 minute readings 321-474-7348

Sunday, August 14, 21 & 28, HOLLYWOOD, 10am-noon, "Tai Chi Yin Gung". Special Innergetic Chi Gung and Tai Chi movements for women only. With Master Sunyata Saraswati & Amrita. www.shentaoinneryarts.com

Fri 8/12 7-8pm Rockledge Monthly Tarot, Oracles & Divination Decks Class \$15 Gifts of The Muses Metaphysical Services 1080 Judith Ter. Rockledge 32955 1 mile north of I-95 Rockledge exit #195. (321) 544-6738

Sunday, August 14, 21 & 28, HOLLYWOOD, 2-6pm (3-part class) "Tibetan Palm Healing (Vajra gTummo Raku-Kei)". With Master Sunyata Saraswati & Amrita. www.shentaoinneryarts.com

Fri 8/19 7-9pm Rockledge Experience A Past Life Regression Workshop \$25 Gifts of The Muses Metaphysical Services 1080 Judith Ter. Rockledge 32955 1 mile north of I-95 Rockledge exit #195. (321) 544-6738

Sat 8/20 10am-12 Rockledge Candle Affirmations for Prosperity Workshop \$25

Sat 8/20 2-4pm Rockledge Meet Your Guardian Angels Workshop \$25 Gifts of The Muses Metaphysical Services 1080 Judith Ter. Rockledge 32955 1 mile north of I-95 Rockledge exit #195. (321) 544-6738

YOGA SHAKTI MISSION
3895 Hield Rd NW Palm Bay 321-725-4024



Ma Yoga Shakti
Sundays 9-10am Sunshine Lectures
First Saturday of month at noon Vegetarian luncheon
See page 39

Email yogashaktipb@juno.com Visit www.yogashakti.org



Herbal Consults, Natural Healing School
DAWN'S ENCHANTED GARDEN
Email Dawnsenchantedgarden@yahoo.com

Live Oak School of Natural Healing
Currently offering Herbalist Certification Programs in class and online
352-669-1963 • 407-967-6042
Visit my websites: Dawnsenchantedgarden.com • Mistressoftea.com
Liveoakschoolofnaturalhealing.com • Auroraperfumes.com

ALPHABETICALLY BY COUNTY

Place your ad here for just \$5 per line. 20 characters per heading, 44 characters per line
Payment due by the 10th of the month before 321-722-2100 • Paypal to HorizonsMagazine@aol.com

OUR PHONE DIRECTORY... 321-722-2100

ALACHUA COUNTY (352) GAINESVILLE (386) HIGH SPRINGS

A ROCK SHOP & MORE

HIGH SPRINGS EMPORIUM 386-454-8657
660 NW Santa Fe Blvd (441)
Gemstone Jewelry & More

BOOKS & GIFTS

WILD IRIS BOOKS 352- 375-7477
802 W University Ave www.wildirisbooks.com

CHURCHES

SERAPHIM CENTER & CHAPEL 352-339-5946
1234 NW 14th Ave Gainesville, FL
<http://www.seraphimcenter.org>

HEALTH FOODS

MOTHER EARTH MARKET 352-331-5224
MOTHER EARTH MARKET 352-372-1741

BREVARD (321)

ACUPUNCTURE

SUSAN HATHAWAY, Ph.D., AP 723-3017
2105 Palm Bay Rd NE Suite #2 in Palm Bay

ASTROLOGY REPORTS

ANDREA DE MICHAELIS \$22
Email horizonsmagazine@aol.com

BOOKS & GIFTS

AQUARIAN DREAMS 729-9495
414 N. Miramar Avenue (Hwy AIA)
www.aquariandreams.com

CREATIVE ENERGY 952-6789
Incense, Music, Jewelry, Books, More
See ad page 2 835 E. New Haven Ave Melb

ENCHANTED SPIRIT 784-2213
Treasures to inspire the spirit, soothe the soul
320 N. Atlantic Ave (AIA) Cocoa Beach
Corner of North 3rd Street - Readings By Appt

OWL VISIONS Rev. Terri McNeely 292-9292
501 Florida Ave Cocoa Village Call for hours

WHAT YOU LOVE TO DO 504-0304
602 Brevard Ave in Downtown Cocoa Village
www.whatyoulovetodo.com

WWW.ANGELSBYFELICIA.COM 917-3757

CHURCHES

CENTER FOR SPIRITUAL LIVING SPACE COAST
Rev. Ron Fox Rockledge 321-338-2990

THE NEW WAY www.TheNewWay.us 961-3615

SPIRITUALIST CHAPEL OF MELBOURNE 733-1555

UU Church OF BREVARD www.uubrevard.org

UNITY OF MELBOURNE 10am Sundays 254-0313
1745 Trimble Rd www.unityofmelbourne.com

UNITY CENTER FOR SPIRITUAL LIVING 452-2625

UNITY CHURCH ON THE SPACE COAST
2000 South St in Titusville 383-0195

COLON THERAPY

JOANNE PRIAULX, LMT, LCT 321-242-1713
Colon Health Services Eau Gallie Blvd By Appt

HEALTH FOODS

APPLESEED 1007 Pathfinder Rckldge 631-1444
NATURE'S MARKET & CAFÉ 254-8688
PINETREE HEALTH 777-4677
SUNSEED CO'OP Cape Can AIA 784-0930
THE JUNGLE ORGANIC AIA 773.5678

HERBS & GIFTS

HERB CORNER 277 N. Babcock Melb 757-7522

MAMA JO'S SUNSHINE HERBALS
1300 Pine Tree Dr. IHB 321- 779-4647

MASSAGE THERAPY

JOANNE PRIAULX, LMT, LCT 321-242-1713
874-B Eau Gallie Blvd in Melbourne By Appt

MEDITATION CDS MP3S

ANDREA de MICHAELIS \$10 See display ad
Connecting With Your Angels, Guides, Teachers
OOBE Experience - ReProgram Eating Habits
Breath & Mantra Meditation since 1972
Breathe awake The One inside

PRINTER, COPIER, FAX

Great savings and service - FREE delivery
Toner cartridges 100% guaranteed
advancedlazertech.com 321-242-7735

PSYCHIC READERS

JORIE EBERLE 321-638-0367
Spiritual Teacher, Reader, Advisor, Classes

KATHRYN FLANAGAN 321-591-5171
Advisor • Teacher • Tarot • Home Parties

REV. ROBIN 321 544-6738
Mystic, Metaphysician & Founder of Gifts of
the Muses Metaphysical Services See ad pg 18

REV. TERRI MCNEELY 321-292-9292
Spiritual Advisor/Medium. Classes in Medium-
ship at Owl Visions in Cocoa Village. Also
crystals and jewelry. www.owlvisions.com

MORGANA STARR 321-506-1143
Psychic-Medium, Blueprint Readings
Past Life Regression. Private or group

REV. DEB PRIEVO 321-626-5641
Psychic/Tarot/Vibrational Tuning
At What You Love To Do in Cocoa Village

AAMichael Gabriel AM St. Germaine Reader
lilapsychic@yahoo.com 321-264-8930

Please email feedback about readers
to andrea@horizonsmagazine.com

ROCKS, CRYSTALS, FOSSILS, JEWELRY

CHRYSALIS SPIRIT (2 great locations)
Wholesale prices! Rare Stones: Moldavite,
Super 7, Phenacite, More. Selenite Wands \$4
Salt Lamps \$14 2137 N. Court. Pkwy #30 MI
Mon-Fri Flea Mkt 5605 US1 Cocoa M150 Sat/Sun

SALT DELIVERY AND WATER TREATMENT

SALTY'S Water Treatment Supplies and
Service, Salt Delivery and More 321-725-7080
Installations, Upgrades www.saltyswater.com

SPIRITUAL CEREMONIES

Themed & Multi - Denominational Weddings,
House Cleansings & Blessings Cent. Fl. Area
Rev. Robin Murphy-Ford (321) 544-6738

SPIRITUAL DEVELOPMENT

ANDREA de MICHAELIS 321-722-2100
What's it all about? What's happening to me?
andrea@horizonsmagazine.com

SPIRITUAL CONCERTS

IN YOUR HOME

BRYAN TILFORD 321-984-3970

SPIRITUAL STORES

CHRYSLIS SPIRIT (chrysalisspirit.com)
Wholesale Prices on Stones, Crystals, Oils,
Incense, Readings, Gifts and MUCH MORE!
Readings and Hypnotherapy for \$20
Flea Market on N. US1 in Cocoa Sat & Sun

THERAPY

SPIRITUAL PATH FOUNDATION 321-951-8774
Reiki, Regressions, Shamanic Healings,
Counseling (in person or by phone)

KEITH FITCH, LMT 321-504-0304
Massage/Cranial Release Technique
Sound and Vibrational Therapy #MA53465
Your home, biz or our Cocoa Village Location

GIFTS OF THE MUSES METAPHYSICAL SERVICES
Cert. Holistic Health Practitioner. Past Life
Regressions, Energy Body Work for
Health & Balance 321-544-6738

WORKSHOPS & CLASSES

GIFTS OF THE MUSES METAPHYSICAL SERVICES
Monthly Ongoing 321-544-6738
See Calendar of Events on Page 19

YOGA MEDITATION

CLASSES, RETREATS

YOGA SHAKTI MISSION 321-725-4024
Also books available by Ma Yoga Shakti
3895 Hield Rd in Palm Bay (see page 39)

BROWARD (954) FT. LAUDERDALE

BOOKS & GIFTS

ANGEL HAVEN Las Olas Blvd Ft Laud 522-4720

CENTER FOR HUMAN DEVELOPMENT
5809 Hollywood Blvd. Hollywood, FL
954-989-6400 www.espcenter.com

CRYSTAL FANTASY Margate 973-0903
CRYSTAL VISION 3160 Stirling Rd 981-4992

DIVINE LOVE INSTITUTE 954-920-0050
Hollywood, FL www.divineloveinstitute.org
Gifts, Free Reiki Circle, Life Coaching, Akashic
Record Certification, Angel Workshops, Magni-
fied Healing and IET Certification

GRIFFIN'S LOFT 625-6775

NATURE'S EMPORIUM 755-2223
8041 West Sample Road Coral Springs

NEW AGE BOOKS & THINGS 771-0026
4401 N. Federal Hwy Fort Lauderdale

CHURCHES

RELIGIOUS SCIENCE FORT LAUDERDALE
Center for Spiritual Living 954-566-2868

UNITY GATEWAY CHURCH 954-938-5222
3701 N. University in Coral Springs

UNITY CHURCH OF HOLLYWOOD 954-548-9320
2750 Van Buren Street www.unityoh.org
Services in Spanish 6pm Sunday in the sanctuary

HEALTH FOODS

HEALTH FOODS PLUS 989-3313
3341 Hollywood Blvd in Hollywood

WHOLE FOODS MARKET
810 University Drive Coral Springs 753-8000
7220 Peters Road in Plantation 236-0600
2000 N. Federal Hwy Ft. Laud 565-5655

WILD OATS MARKETPLACE 566-9333
2501 East Sunrise Blvd in Ft. Laud

PSYCHIC READERS

THE COSMIC SALAMANDER Coconut Creek
www.cosmicsalamander.com 954-698-6926
Astrologer and Psychic License #220-42

COLLIER COUNTY (239) NAPLES

BOOKS & GIFTS

SACRED SPACE 239-390-2522

CHURCHES

UNITY OF NAPLES Books, gifts 775-3009

HEALTH FOOD STORES

FOR GOODNESS' SAKE 353-7778
FOOD & THOUGHT MKT CAFE 213-2222
NATURE'S GARDEN 643-4959
SUN SPLASH Market & Cafe 434-7721
SUNSHINE Discount Vitamin 941-598-5393



DUVAL (904) JACKSONVILLE

BOOKS & GIFTS

BLACK SHEEP BOOKS 880-1895
9735 St. Augustine Road Jacksonville 32257

EARTH GIFTS www.earthgifts.com 389-3690

DIVERSIONS www.diversionsjax.com
"Find Your Path to Relaxation"

CHURCHES

COSMIC CHURCH OF TRUTH 904-384-7268
1637 Hamilton Street - in Jacksonville

UNITY CHURCH FOR CREATIVE LIVING
2777 Race Track Rd Jax 904-287-1505
www.unityinjax.com/

PSYCHIC READERS

SISTER BENNETT Divination with playing cards
904-535-6949

ESCAMBIA (850) PENSACOLA

UNITY OF PENSACOLA 850-438-2277
716 N. 9th Ave. www.unitypns.com

FLAGLER (386) PALM COAST

ART, GIFTS, GATHERINGS

THE SOURCE LIMITED 386-437-3230
4601 East Hwy 100, Unit F-3 Bunnell 32110

HILLSBOROUGH (813) TAMPA, LUTZ

BOOKS, GIFTS, READINGS

MYSTIKAL SCENTS 813-986-3212

GAIA SPIRITUAL DOORWAYS 813-943-3666
26300 Wesley Chapel Blvd, Lutz Florida 33559
http://www.gaiaspiritualdoorways.com/

INDIAN RIVER (772) VERO, SEBASTIAN

ACUPUNCTURE

COMPLEMENTARY MEDICINE 772-766-4418

CHURCHES

UNITY OF VERO BEACH 772- 562-1133

HOMEOPATHY

MIRO POSAVEC, Registered Homeopath
www.miropath.com 772-774-8529

MASSAGE REIKI AT HOME

MISTY DAWN, LMT 772-501-5345 Certified Reiki Master, Neuro-muscular Therapist offering massage, energy work in the comfort of you home. Fees vary according to travel.

PSYCHIC READINGS

MISTY DAWN of Radiant Spirit 772-501-5345

LEE COUNTY (239) FORT MYERS

BOOKS & GIFTS

THE LABYRINTH 239-939-2769
12995 S. Cleveland Avenue #108

CHURCHES

UNITY OF FT. MYERS 239-278-1511
11120 Ranchette Road Fort Myers, FL 33966
www.unityoffortmyers.org

LEON CTY (850) TALLAHASSEE

BOOKS & GIFTS

CRYSTAL CONNECTION 878-8500
1233 Apalachee Parkway in Tallahassee

STONE AGE Tallahassee Mall 383-0233

HEALTH FOOD STORES

HONEYTREE 1616 N. Monroe St 681-2000
NEW LEAF MARKET 942-2557

MARION COUNTY (352) OCALA

BOOKS & GIFTS

MYSTIC GLENN 352-401-1862
3315 E Silver Springs Blvd Ocala
www.mystic-realms.com

SOUL ESSENTIALS Ocala 352-236-7000
Crystals, rocks, gems, unique gifts, healing gifts
805 SE Ft. King St jensoul@embarqmail.com

CHURCHES

UNITY OF OCALA 101 Cedar Road 352-687-2113

HEALTH FOOD STORES

MOTHER EARTH MARKET 352-351-5224

OCALA GHOST WALKS

www.ocalaghostwalks.com 352-690-7933

THERAPY

REIKI BY SUSI 716-803-0113
Reiki Master specializing in stress and pain management Enchancing all other therapies.
People, horses, pets.

MARTIN COUNTY (772) STUART

BOOKS & GIFTS

MYSTIC CHRONICLE Jensen 334-1899

CRYSTALS & GEMS

BELLA JEWELRY & GIFTS 219-8648
39 SW Osceola Street, Stuart 34994

DREAM CATCHER 692-6957
1306 NW Federal Highway in Stuart

HEALTH FOODS/CAFE

NATURE'S WAY CAFE Stuart 220-7306
PEGGY'S 5839 SE Federal Hwy 286-1401

BOOKS AND GIFTS

DREAMCATCHER 692-6957
Emerald Plaza 1306 NW Federal Hwy Stuart

SPIRITUAL CENTERS

CRYSTAL CENTER OF ILLUMINATION 465-9327
ACIM • TM • Yoga • Reiki • E-W Sunday Service

UNITY OF FORT PIERCE 461-2272
3414 Sunrise oneness@unityoffortpierce.com

MIAMI-DADE (305)

BOOKS & GIFTS

CELESTIAL TREASURES 461-2341
3444 Main Hwy in Coconut Grove

9TH CHAKRA 538.0671
530 Lincoln Road in Miami Beach

FAIRY'S RING 86 Miracle Mile 446-9315

HEALTH FOODS

WHOLE FOODS MARKET 933-1543
21105 Biscayne Blvd in Aventura

WILD OATS MARKETPLACE 532-1707
WILD OATS MARKETPLACE 971-0900

MONROE (305) FLORIDA KEYS

HEALTHFOOD/JUICE BAR

GOOD FOOD CONSPIRACY 305-872-3945
US 1, Mile Marker 30 on Big Pine Key

NEW AGE BOOKS, GIFTS

BLUE MOON TRADER 872-8864
CRYSTAL LOFT 872-9390

OKALOOSA (850) FT. WALTON BCH

CHURCHES

UNITY CHURCH FWB 864-1232

HEALTH FOOD STORES

FEELIN' GOOD! Hwy 98 Destin 654-1005
GOLDEN ALMOND FWB 863-5811

YOGA, CLASSES, MORE

THE BAREFOOT YOGA STUDIO 850-678-8498
1605 Partin Drive North Niceville, FL 32578
www.thebarefootyogastudio.net

ORANGE COUNTY (407) ORLANDO

BOOKS & GIFTS

AVALON Hillcrest St in Orlando 895-7439
SPIRAL CIRCLE 750 Thornton Orlando 894-9854

CHURCHES

CENTER FOR MIND BODY SPIRIT CONNECTION
A Religious Science Church 407-671-2848
www.mindbodyspiritone.com

HERBS, GIFTS

LEAVES & ROOTS 407-823-8840
9434 E. Colonial Drive in Orlando

MEDITATION GALLERY

SHIRDI SAI BABA CENTER 407-830-1276

HERBAL CONSULTS,

DAWN'S ENCHANTED GARDEN
Live Oak School of Natural Healing
352-669-1963 and 407-967-6042
Dawn @ Dawnsenchantedgarden.com

PALM BEACH (561)

BOOKS & GIFTS

BOTANICA SAN EXPEDITO 561-682-0955
 CHANGING TIMES 640-0496
 CRYSTAL CREATIONS 649-9909
 SECRET GARDEN 844-7556
 SHINING THROUGH 276-8559
 DREAM ANGELS 561-745-9355
 SPIRITUAL AWAKENINGS Lk Worth 561-642-3255

CRYSTAL GARDEN 369-2836
 2610 N. Federal Hwy Boynton Beach

COFFEE & GIFTS

MOTHER EARTH COFFEE & GIFTS 561-460-8647
 410 2nd Avenue North in Lake Worth, FL 33460

CHURCH / CLASSES

UNITY OF THE PALM BEACHES 561-833-6483

HEALTH FOOD/CAFES

NUTRITION S' MART 561-694-0644
 4155 Northlake Blvd Palm Bch Gardens
 www.nutritionsmart.com

SPIRITUAL DEVELOPMENT

TOOLS FOR TRANSFORMATION! Intuitive Soul Coaching, Psychic Tarot, Hypnosis, and "5 Element SOLE to SOUL" TOE READING'S -YES! Toe readings! Your body mirrors your Soul! ALL services \$1.00 a minute!! REV. SKY SIERA LIGHT4UNOW.com 561-255-5194

PINELLAS (727) ST. PETE CLEARWATER

BOOKS & GIFTS

MYSTIC GODDESS Largo 530-9994
 OTHER WORLDS St. Pete 345-2800

CHURCHES

UNITY OF CLEARWATER 531-5259
 PEOPLE'S SPIRITUALIST CH 686-8362
 TEMPLE OF LIGHT 538-9976

HYPNOSIS

ST. PETERSBURG HYPNOSIS CENTER 452-5630
 CLEARWATER HYPNOSIS 727-452-5630
 FloridaHypnotherapy.com
 Stop Smoking, Release Weight, Stress Reduction
 Prosperity Thinking, Procrastination, Confidence
 Free Consultation - Call Now

SARASOTA (941)

BOOKS & GIFTS

ELYSIAN FIELDS Midtown Plaza 941-361-3006

PSYCHIC CARLA MARY

www.carlamary.net 941-729-5142

SEMINOLE (407) LAKE MARY SANFORD

CHURCH, BOOKS, GIFTS

UNITY CHURCH OF CHRISTIANITY
 4801 Clarcona Ocoee Rd ORL 407-294-7171

CRYSTALS AND GEMS

TIMELESS TREASURES 407-314-7478
 Flea World - Sanford - A/C GOLD Bldg #18-20

GIFTS, CONSULATIONS

LUNASOL ESOTERICA Sanford 407-392-6870

Our minds cannot fathom God in its true form, for Mind creates mirrors and masks that hide the true reality. Like a computer searching for the source of its own intelligence, Mind can only generate more and more theories that reflect upon itself.

Soul Travel is the solution to this impasse. Meeting the God force on the inner planes leaves no doubt in the mind of the seeker, for it is a direct experience of Soul. Unless we free ourselves of the human state, we have not gotten beyond our small range of personal reality. We have not yet touched the universal.

At times it seems too hard to shake free of our beliefs. We cannot forget the opinions of the world. Everything rises up in our imaginations to keep us from using the keys that we have. We are afraid that our fictions of reality will crumble, leaving us with nothing, yet this crumbling, this falling apart of everything we've been taught is the threshold to truth.

This struggle, this dark night in our lives is the shadow before the inner gift arrives.

From *The Silent Questions, A Spiritual Odyssey* by Doug Marman
www.spiritualdialogues.com

VOLUSIA (386) DAYTONA, NEW SMYRNA, DELAND

ACUPUNCTURE

Debra (Rusty) Gaffney AP, DOM. C.C.P.A., DCN
 Acupuncture Physician, Oriental Medicine
 339 E New York Ave DeLand FL 32724
 386-734-4126 www.acudebra.com

ART LESSONS AND WORKSHOPS

ART & SOUL Orange City 774-4278

BOOKS AND GIFTS

A LOTTA SCENTS 423-9190

ART & SOUL Orange City 774-4278

CASSADAGA CAMP BOOKSTORE 228-2880

ENCHANTED SOUL OF CASSADAGA 532-1000

NEW OWNERS TRACI AND MARC DICAPRIO
 336 S. Lakeview Drive Lake Helen/Cassadaga
 Gifts, psychic readings, classes, events
 Visit www.enchantedsoulofcassadaga.com

MERLIN'S VISION in Deland 738-4056

THE PURPLE DOOR 31 S Hwy 17-92 753-9393

DAYTONA BOOKS & METAPHYSICS 236-9968
 125 International Speedway Blvd Daytona Bch
 Daily Readings www.daytonametaphysics.com

HERBS AND GIFTS

SPICE OF LIFE HERBS 734-0035
 214 W. Beresford Ave in Deland Wed 5-8pm Sat
 & Sun 10-5pm www.spiceoflifeherbs.com

METAPHYSICAL CENTER

INT'L ASSN. OF METAPHYSICS (I.A.M.) 228-0910
 140 E. MICHIGAN AVE., LAKE HELEN, FL 32744
 CLASSES, SEMINARS, SUN & THU LIGHT SERVICES

PSYCHICS ROCKS & GEMS

PURPLE ROSE in Cassadaga 386-228-3315

GEORGIA

BOOKS & GIFTS

PHOENIX & DRAGON 404-255-5207
 5531 Roswell Road • Atlanta, GA 30342
 inside I-285 www.phoenixanddragon.com
 Unique gifts, jewelry, psychic readings



ABRAHAM *Fun*

Karen Williams is the author of *Soulsongs: Welcoming Your Deepest Desires* and distributes a bumper magnet, "Think Happy Thoughts & Good Things Will Happen." Karen and her partner, Mark, also host Abraham-Hicks discussion groups in Winter Springs, Florida. E-mail: soulsongkaren@cfl.rr.com. Karen's blog: www.abrahamfun.com.

How Can I Help the World?

As astounding as it may seem, every thought that I think is eternal. For thoughts are energy, and energy lasts forever.

The greatest gift that I can give to humanity is the same as the greatest gift I can give to myself: happy thoughts and joyful feelings. When I feel good, I release good to the planet. Automatically. Easily. Just like that.

While I may not know how my inner peace and joy impacts the world, I can be certain that it combines with others' good-feeling thoughts to help where good is needed and ready to be received.

Today I watch for opportunities to feel happy: a neighbor's greeting, a proud parent with a stroller, a cool song on the radio, a compliment, a goal achieved, a cuddly pet. I relax more, stress less, and find ways to pursue what I love.

I do it for myself. I do it for others. My happiness is a blessing sent forth to the world.



SUNDAY
MORNINGS
10:30AM
www.thenewway.us



Rev. Suzan Bailey

Held at The Aquarian Building 238 Peachtree St Cocoa
2 streets North of 520, 1 block East of US1
See fish art on the building!
info@thenewway.us 321-961-3615

Albus Phoenix
Psychic Advisor



Readings by Albus
Answers to Love, Life and Career

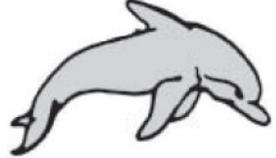
1-800-ASK-KEEN ext. 04467142

www.keen.com/AlbusPhoenix

Grand Opening! Book and Bead Outlet

Knowledge & Gifts from the Earth
Merritt Island (Behind McDonald's)

40% & 50% off ALL Books
Specializing in Books for
the Body, Mind & Spirit



50% off 1,000's of
Strands of Beads

From Amethyst to
Unakite and Findings

Up to 50% Off
Tarot Decks

Herkimer Diamonds * Incense * Relaxation CD's from \$5
Crystals * Jewelry * Pendulums * Salt Lamps from \$17

BookAndBeadOutlet.com

950 N. Courtenay Pkwy (RT3) Merritt Island, FL 32953
(321) 453-2665 Hours: M-F 9 to 5, Saturday 9 to 2

IF IT DOES NOT GIVE YOU PEACE, WHY DO YOU BELIEVE IT?



Armand Della Volpe - ordained musical minister, singer/songwriter/pianist/Native American flautist and Angelina - classically trained vocalist/classical guitarist travel across the country sharing their World Popera Music. The tour is called "Our Neverending Story" and its purpose is to remind of our oneness and help the world to experience "Heaven on Earth." They appeared in July 2011 on American's Got Talent. Visit the websites www.armandandangelina.com and <http://armandangelina.blogspot.com>

More and more I am becoming convinced that we are all making everything up. If this is true, then why do we spend so much time making stuff up that feels bad? I guess it's what E.T. calls the "pain body". If your "pain body" is hungry, then it will inspire you to make something up that feels bad.

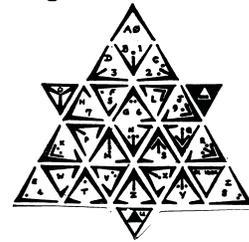
The more I make up that this world is a wonderful, meaningless playground, the more fun I have. The more I see all people as playing out their perfect roles, whether pleasant or not, the more peace I feel. The more I act as if I cannot fail, the more free I feel. The more I surrender to the perfection of everything, the more faith I feel. The more appreciative I am for the people in my life, the more love I feel. The more I see myself as equally wonderful as anyone else, the more in-love I feel.

If it's not bringing you peace, joy, freedom, love, fun and faith, Why are you thinking or doing it??? I'll give you the most common reason....because we have been lied to and not told that we have the choice to make up what we want. We were told that this world is "real" and we must do the "right" thing in order to be "good." We were told that things that happened to us in our childhood were "bad" and the people who did them were "bad." The mind does not know the difference between ourselves, events and others so the minute we say something is "bad," a part of us feels "bad."

A heavenly experience can truly occur when we let go of all this judgment and see the divinity and/or illusion of it all. Look at any area of your life that is not happy and free and you'll find an underlying "negative belief" that can be replaced with love through forgiveness and making something else up. In the movie "A Beautiful Life", the little boy pretended/made-up, with the coaching of his dad, that everything was just a game. As a result, he had a good time even though there was apparent insanity all around him. I aspire to be more like him. Some may say.."that's not realistic". I would agree, but would you rather be realistic and miserable or idealistic and happy?

Gillian MacBeth-Louthan & TheQuantumAwakening.com

TEACHINGS OF LIGHT From the Light Masters & Star-People



August 6, 2011
Melbourne Florida

All the stars and stellar vibrations that come from deep space are here to assist us in embracing a vibration that has never existed on Earth. This August the Energies line up to show us the way home as we look for a portal of escape leaving the harshness of the world behind. The fearlessness of the next step of our journey is nonnegotiable and not refundable. It addresses all that sits at the foot of our heart and still casts a shadow of doubt.

You are a living vortex, a living light, an emissary of what is good about humanity. Everything has lent itself to the Now - every incarnation, every word, every love, every hate. You sit at the Apex of your light holding the geometries of what is good and sacred.

Allow this workshop with the Light Masters and the Star-People to escort you into higher octaves of your own DNA patterning, helping you to move effortlessly in a fluid manner through upcoming personal & planetary shifts. Anoint with this knowledge as a new level of light bursts forth from your atoms. Surging with galactic memory your soul has grown wings and takes flight into previously unknown patterns circling and awaiting for the arrival of a holy knowledge that surpasses all religion.

Workshop Saturday August 6, 2011
10 am - 5 pm Cost \$65 includes lunch

Event will be held Heaven Sent Wellness Center
4455 Pinewood Rd. Melbourne, Fl. 32934
321-253-1552

Contact Gillian MacBeth-Louthan
www.TheQuantumAwakening.com
Email thequantumawakening@gmail.com
Cell # 407-415-0991

Please 'Pre-Register and Pre-Pay' For This Event
Payment via Paypal or Check Seating Is Limited



Abraham-Hicks

...continued from page 8...

Think about it: You have this really good manager in place... who delegates really effectively to other managers, who delegate really effectively to other managers... and the whole thing runs like a well-oiled machine. All you have to do is occasionally point it in a direction here or there, through the power of your thought, and you have absolute confidence in those abilities of all of those managers and sub managers and sub managers, everybody playing the role that they play...

Now, in the same way, once you get that worked out in your mind -- where you are trusting that the **Law of Attraction**

will orchestrate all of that, relative to that -- then you can start applying that same process to your body. Actually, it's easier relative to your body than it is relative to others, because the cells of your body are actually operating in much greater cooperative fashion than the people in most organizations. But it is the same process.

QUESTION: So, I delegate to my manager that, in addition to my desires, and I have a multitude of desires. I delegate all of them, basically, and I say, "I'd like to generate insulin inside my body?"

ABRAHAM: We wouldn't even go that far. We would say, "Manager, you know what to do. You know what this body needs. The cells are giving you the indicators on a regular basis. Go to it. And I'll do my role, which is to hold myself in this light, fluffy, good feeling, rampage of appreciation, place, so that you can do your work in a non-restricted manner."

Have you ever known managers who over-managed to the point that the people who knew what to do couldn't get it done? Where, if they'd just been left to their own devices, they would have figured it out? So worried about things not happening, that they sort of over-managed -- until they created an environment that did not allow the work to be done?

Well, that's the sort of thing that happens relative to your physical body when you get too consciously involved in trying to orchestrate.

You don't need to tell your body that it needs to produce insulin, but you think you do, because you're taking it externally. And so, you're saying to yourself, "Well, since my body doesn't produce this, and since I'm now utilizing it in order to bring myself into balance..." And we say, that is too involved. That is too much management.

Instead, what you're wanting to say is, "I'm doing this, in the meantime, but my body knows what to do. The cells of my body know what to do."

If you knew then what you know now, this diabetes would have never begun, and certainly would not have been able to be perpetuated. But you didn't know then what you know now, and so, in your Energy misalignment, that's what got started. That was a crack of least resistance. And then, once it has manifested, now, what has manifested has your attention. And that's the only reason it's remaining.

The Energy of your Being would not produce it today. So if the Energy of your Being would not produce it today, why is it remaining today? For one simple reason: It exists because you continue to observe it. That's the only hook.

...continued on page 33 ...



WILD IRIS BOOKS
Celebrating life and diversity

Crystals, Stones, Tarot Decks, Jewelry, Art, Clothing, Candles, Soaps, Lotions, Gifts. **Have wine or beer at the Wild Words Café. Delight in our gourmet coffees, teas and incredible food creations! Free wireless Internet.**

Psychic Tarot Reader, Astrologer and Psychic Medium available full time. Call and schedule now because our calendar fills up quickly!



Live Music, Spoken Word, Open Mic every Friday night until 11:00pm.

Hours: 802 W. University Ave.
Tues - Saturday Gainesville, FL 32601
11am - 6pm (352) 375-7477
Friday til 11pm www.wildirisbooks.com



Tod McNeal's

NATURE'S HAVEN SPIRITUAL SPEAK **321-208-3636**

"Just as there are many staple foods around the world and ALL are nutritious when not consumed in excess...so it is that there are many staple 'Spiritual foods' around the world and ALL are nutritious when not consumed in excess..."

Rental Homes North Brevard: <https://www.facebook.com/pages/Natures-Haven/198291863535804?sk=photos>



What is Enlightenment?

...continued from page 11...

Why didn't you say that? Because you weren't thinking - your conscious mind was unconscious, unresponsive, asleep, AWOL. (Note: I'm not talking about lucid or semi-lucid dreams where the conscious mind is partially awake.)

The key part is that you witnessed the dream, but that no thoughts were going on. You were witnessing the salesman, the masks, even yourself, but you weren't thinking. If you were thinking, you would have realized it was a dream.

What is my point? Since you witness your dreams without thinking, you therefore cannot be your thoughts. Something (You the Witness) sees your dreams while you (ego) are unconscious!

You are the witness to what goes on in your head, not the contents of what goes on in your head. Recognizing this is the first step to seeing your thoughts, and more importantly, seeing your ego story as just a collection of thoughts.

Try to recall a memorable dream. Try to see how you watched that dream, much like a movie. Try to get in touch with You as the **Watcher/Witness** of that movie.

Now if you look closely at You as the Witness, you will see that you have never changed. Since your earliest memory, you have always been there watching. You were there watching as you learned how to tie your shoes, ride your bike, or learn to speak. You probably don't remember it, but you were even there watching at the moment of your birth.

Your brain and body were changing and growing, but You were always there watching, always constant, always the same. You were the same because You as the Witness are not your ego, your memories, or your story - all of those are just thoughts. You as the Witness are constant, clear, open, radiant and wonderful awareness.

What's fascinating is that you can even see the Witness when you look into a baby's eyes. Their brains are dumb as rocks, but you can still see and sense the life/love/wonder gleaming behind their eyes. That gleaming is their Witness shining forth.



**Center for
Spiritual Living™
Space Coast**

**SUNDAY
CELEBRATION
begins 10:00 AM**

*Meditation before service
9:30 AM to 9:45 AM*



Rev. Ron Fox

Our Sunday musicians for August are:
 August 7 - Bob and Patty Tatum
 August 14 - Gino Walker
 August 21 - Morisha Chance
 August 28 - Sheryl Paige

**Higher Consciousness
Book Discussion Group**
 Tuesdays 7-8:30 PM Ongoing
 Ends with a 20 minute meditation.

At 835 Executive Lane, Suite 136, Rockledge
Located about 2 blocks South of Eyster
(just west of US1) on the West side of Murrell

321-338-2990
<http://cslspacecoast.org/>

Deborraha is Andrea's cousin!

The Highest Quality Hand Made Lye Soap

No Sweat Soap Factory

Using a 200 year old family recipe and a fifth generation iron soap pot, Deborraha Burnett makes Scottish Lye Soap at the **No Sweat Soap Factory**. She may be found at Living History events, old-time music festivals, craft fairs.

"When Grandma brought her soap pot from Scotland in 1905, she had no idea she was founding a family business. Although she was only twelve, she managed to help support herself and six brothers by making soap and baskets. Wherever we go to demonstrate our craft, we are privileged to hear many family stories about making soap. The past has a legacy for all of us, and we hope to continue making Grandma's soap in her pot for at least five more generations..."



LYE SOAP IS GOOD FOR:

- Psoriasis and Eczema
- Spots & Stains
- Poison Oak/Ivy
- Athlete's Foot
- Insect Bites
- Dandruff
- Fish Bait
- Acne

**\$3 PER
BAR**

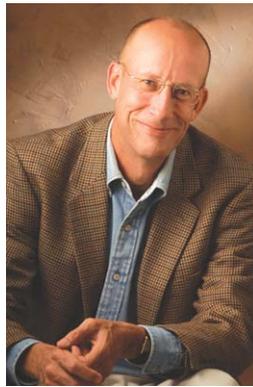
The No Sweat Soap Factory

870-269-9499 P.O. Box 882, Mountain View, AR 72560

E-Mail nosweatsoap@yahoo.com

www.nosweatsoap.com

NOTES from the Universe



An international tax accountant turned entrepreneur turned writer for "the Universe," and one of the teachers for the bestselling book *The Secret*, Mike Dooley has found his calling. Mike runs TUT's Adventurers Club and travels internationally, speaking to thousands on life, dreams, happiness. Visit www.tut.com to sign up for free daily Notes from the Universe!

Laced throughout every day of your life are hidden highways of opportunity, invisible crossroads of time, and golden avenues for personal transformation that if only traveled upon would reveal the extraordinary, the sublime, and the unexpected.

Yet most slip by undetected until there's first a childlike wonder at the ordinary, the routine, and the expected.

**Hot diggity-dog,
The Universe**

Each cd available for *immediate mp3 download* for just \$10 (regular cd \$22)

Connecting with Your Angels, Guides & Teachers

Designed to activate the third eye, expand awareness, develop psychic perception and become receptive to inner guidance. Even if you have never experienced conscious contact, you can still be successful. Once you activate your psychic perception, expect to receive inner guidance more clearly than ever before. Even if you are skeptical, you can still be successful. A fish doesn't have to believe in the ocean. As your third eye opens, expect to receive more psychic impressions from your guides.



Healthy Eating Habits By the power of suggestion, your desire to overeat will be replaced by increased willpower; your craving for unhealthy foods will be replaced by finding fun ways to increase your physical activity. Turn up your body's metabolism to burn fat and leave you with a higher energy level. Each time you listen, you can experience a new and healthy vital energy flowing.

OOBE You Are Not The Body An astral flight out of the body

Being out of your body is a completely natural state that happens every night whether you recall it or not. With this recording, you will suspend yourself in the awareness of your physical body being "not there." Of your existence beyond the physical realm. With repeated listening, you will realize your ability to leave your body, to return safely and to remember it.



Sleepytime Recharge Science knows the health and wellbeing of our physical body is a direct result of the thoughts we habitually think and our inner response to the words we hear. The cells of our body process info and control our behavior by way of genes being turned on and off by influences outside us, such as our perceptions and beliefs. We can retrain our consciousness to create healthy beliefs, and create a profoundly positive effect on our bodies. Our body is a community of 50 trillion living cells, a biochemical machine and the driver is the mind. Dis-ease is merely result of how we're driving our physiology. Carefully selected words and phrases on this recording will reprogram the cells of your body for optimum physical and mental health.

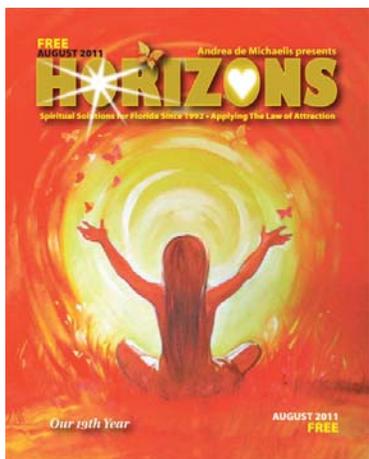
Listen online



For download, go to www.horizonsmagazine.com
Go to "Andrea's Audio CD MP3 Page"
OR directly to
http://www.horizonsmagazine.com/CD_Page/index.html



COVER ART Golden Moment by Jane Taylor



Jane Delaford Taylor is an inspirational British artist whose work is now sold worldwide to collectors who love the depth of colour, movement and soul energy in her paintings. Already an established freelance illustrator, who has worked on over 200 books during the last two decades, she has recently returned to her first love - painting in oil on canvas, - and her new work is now available via her website at <http://janetaylorart.weebly.com/>, or email her directly at chalicewell@hotmail.co.uk for an updated slide-show of newly available artwork.



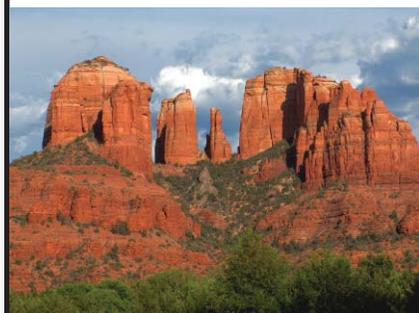
"For me painting is one of the necessities of life, I find it energising and transformational and couldn't imagine not doing it! I tend not to plan too far ahead

but just move with the spirit, literally, although themes of subject and colour do tend to develop anyway - at the moment it's nature, big time! Or nature spirits and angels - sometimes I have no idea what is going to materialise on the canvas before I pick up my brush! What I do find is that folk will often say that a particular picture speaks to them on a deep level, and brings them a great deal of joy - and selling my work like this is so much better than just plonking it in a gallery! I organise delivery myself, and get fantastic feedback and I know that the reason I painted a specific piece was because it was meant to be owned by just one special person - it closes the sacred circle of creativity in a very beautiful way.

I don't give lofty interpretations of my artwork, although I may have ideas of course - but the meaning in the painting is essentially the one that the viewer perceives, and that is how it should be. I just channel the image for them."



Journey to Mystical Sedona and the Grand Canyon
October 19 - October 25, 2011
with Maya Malay and Marybeth Hegarty



experience

the wonder,
transformational energies
and astounding beauty
on this spiritual adventure



For more information contact: marybethhegarty@yahoo.com

www.mayamalay.com - lotus mind

Marybeth 561-767-0205 or Maya Malay 561- 832-0224



A Folk Ways Calendar



AUGUST 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Ancient people saw the flow of time as circular, not linear, and the changes were understood as a great wheel. Woven together with the solar cycles are the monthly lunar cycles, which affect all life on Earth from the tides of the oceans, to the fluids within our bodies, to our emotions, to our unconscious. Many folk/ethnic/Indigenous religions and other traditions have been lost through time, destroyed by men who sought to establish a new God. Which is interesting since Christianity and most of its rituals is based on Egyptian mythology, whose source is pagan.

I recognize that much myth and tradition isn't about worshipping gods or goddesses, rather about recognizing and honoring archetypes in a way that can be useful in our daily lives. Much can be rediscovered through folk customs, legends and folktales. Our ancestors found comfort in the cycles of the seas and the stars. It gave them faith that when the sun left the sky, the moon would appear. It gave them faith that when a season of snow passed, a season of sunshine would follow. They learned by the phase of the moon and the cycle of the seasons the best times to plant and to harvest.

My experience is that being in tune with the natural rhythms of our Universe helps me find my place in it. It helps me feel connected and supported by the natural world around me, no matter what human chaos may be happening at the time.

When we feel ourselves to be separate from nature, we feel fragmented and frazzled by our daily lives. If we're to change this, it helps to begin seeing ourselves and our relationship to the Earth, the moon and the sun with new eyes. To look for the natural patterns and cycles, and see what relevance they might have in your life.

As a gardener and one who studies weather patterns, I find the cycles very relevant to my daily life. At new moon and full moon, I do a moon ceremony, to celebrate the last 14 days and welcome in the next 14. Observing the natural cycles teaches that every one and every thing is valuable and sacred.

You might want to Google the unfamiliar names you read here and see what some of the ancients believed, and how they celebrated the cycles.

-- Andrea de Michaelis, Editor

I'M A MOON WATCHER. I like to follow the cycle of the moon as it travels across the sky each night. Knowing what cycle the moon is in and when the tides are high and low helps me feel connected to **Mother Earth** in a more expansive way. No matter who we



are or where we came from, ancestors from every culture across the world and throughout time had mystical ways of honoring life's important moments by rites of passage and special celebrations. Rituals are one way we intentionally create meaningful connections with special events and people in our lives. When we have celebrations to mark events, our life is transformed into something magical and wonderful.

Full Moon in Aquarius Aug 13, 2011 at 18:57

FULL MOON RITUAL

The full moon completes the cycle, representing death, change, or tying up loose ends. The full moon symbolizes the end chapter, shedding light on the things that we no longer need to hold on to.

Full Moon is an opportune time of the month for purging rituals to take place. The light the full

moon offers illuminates those things that are interfering with our spiritual advancement. Once we have been made aware of ways that are blocking us, the easier to let go. The full moon ritual is for releasing or purging the things in our lives that no longer serve us such as addictions to food, drugs, or sex, relinquishing suffering involved in hurtful relationships, discharging physical and emotional pains, etc.

Full moon ceremonies I have participated in have been pretty simple. You can do them alone, or each person in a circle takes his turn throwing scraps of paper into a fire that is then watched turn into ashes. The scraps of paper have words written down on them of those things we were releasing or vowing to change in our lives. Or even speaking into the flame of a fire or lit candle, "Bad habit, begone." Yes, a full moon ceremony can be as simple as that.

Supply suggestions: fire proof chimnea or cooking pot to toss the burning paper inside, candle with matches or lighter, water (to put out the fire afterwards), and smudge sticks for cleansing.

New Moon – August 29, 2011 at 03:04

The new moon is the birthing cycle of the moon's various phases. The new moon phase is an optimal time for planning and seeding your intentions. Seedlings need a period of gestation before they break through the soil and reach for the sunlight. This is also true for our ideas and our desires.





Is It Friday Yet?

...continued from page 14...

Wayne Dyer at www.drwaynedyer.com, or comforting affirmations from Louise Hay at www.louisehay.com. It's a nice gesture to share with the people you connect with every day, and yet another small way to filter positive energy into the corporate world.

Another way to use e-mail to uplift you is to sign yourself up to receive daily messages. The websites previously mentioned (as well as several others) have a feature where you can get a daily inspirational message e-mailed to you. This won't be a popular idea among managers or your IT department, but if the few seconds you use to read a short inspirational message when you first open your e-mail for the day gives you such a boost that you are more motivated to do your job with greater peace, happiness, and mental clarity, I'm sure the results would be hard to dispute.

USING SOFTWARE

One tip that has helped me remember things throughout my work day is to use my Outlook Tasks feature. I put private "appointments" on my calendar to myself (marking the time as "free") with reminders to relax, breathe deeply, stretch, massage my shoulders, drink water, do an affirmation, etc. You can do this on your phone, your PDA/Blackberry, or any other kind of technical device you have with a scheduling feature.

This has proven invaluable for me because it is automatic and I can start or stop it whenever I like. I put my appointments on, then I don't have to think about it again until I see the reminder pop up on my screen! I will continue to do this until it becomes automatic for me. Stretching at my desk, getting up for more water, and taking deep breaths have kept me

healthy and balanced so that I am doing my job to the best of my ability. Be creative with your reminders and have fun with it!

USING YOUR PLANNER

I devised a coding system for myself so I can keep track of when I have done the things in my life to keep me in balance, such as meditating, journaling, exercising, etc. Then, when I find I'm particularly anxious, I can look at my planner and see at a glance what my week/month has been like and see what areas I need to work on to keep myself in check. Plus, it motivates me to see my progress. I don't have to do everything everyday, but if I am in a regular routine, it is clear in my health, my relationships, and ultimately, my work performance.

My "legend" is this: M=Meditated, J=Journaled, E=Elliptical, T=Treadmill, W=Walk. After I came back from maternity leave and my baby started sleeping through the night, I'd put stars on the days I got a full night's sleep. You can make up your own code for anything!

My message is to teach people that when they are stressed out at work, they have to be their own "guru." It is in your best interest to learn how to calm down and uplift yourself to do your best in spite of the chaos. With creativity and persistence you can learn what works for you and then you can learn to love Mondays too!

Excerpted from *A Guru in the Office: 50 Ways to Remember Your Spirit in the Corporate World*, by Dawn M. Staszak, published by Realitys Books, June, 2009, available at Amazon.com and BarnesandNoble.com, and through most retail bookstores. Dawn can be contacted via her website www.guruintheoffice.com

Morgana Starr

Author & Speaker

Psychic Medium
Spiritual Advisor



Discover
Your
Life's
Purpose

Personal Sessions with Morgana assist you at gaining direction and finding Divine peace in your life.

Learn:

- Psychic Blueprint
- Past Life Regression/Healing
- Energy Balancing
- Spiritual Healing
- Pain Management

PSYCHIC DEVELOPMENT CLASSES

Beginning - Intermediate and Advanced Levels
See website or call for more info

NEW and SPECIAL EVENT!

Merkaba Activation and Akashic Record Retrieval Begins Aug. 16th

GUIDED MEDITATION CD'S

- Astral Travel
- Finding your Totem
- Spiritual Protection
- Past Life Healing
- Relaxation

Personal Sessions and Classes in Cassadaga and Cocoa areas

Phone Sessions by appointment



Find me on Facebook!

321-506-1143

www.morganastarr.com

What is Homeopathy? Homeopathy is an effective and scientific system of medicine that has been in use for over 200 years. It works by stimulating the body's own natural tendency to heal itself. Homeopathy recognises that all symptoms of ill-health are expressions of disharmony within the whole person and that it is the patient who needs treatment, not the disease. The homeopath seeks to observe a pattern in this disharmony which is reflecting the complete individual. It is a truly holistic medicine that treats the individual on all levels – mind, body and emotions.

What Can Homeopathy Treat? Many diseases respond well to homeopathic treatment and it is an ideal preventative medicine as it strengthens the immune system and the body's natural defences against disease. It treats both mental and emotional conditions as well as physical ones. It can help where other forms of medicine may have failed or the side effects have caused additional problems. It maybe that there has been no definitive diagnosis but YOU know you are not feeling right. Homeopathy has a gentle action well suited to the ailments of babies and children and in pregnancy. It is also effective in treatment of stresses, bereavement, accidents and depression. If you'd like to know whether Homeopathy can help you, please feel free to call and ask

SAFE AND EFFECTIVE WEIGHT LOSS!

Using our special hCG Homeopathic drops along with the strict diet will provide DRAMATIC results.

We don't use injections, and provide you with the lowest possible dose of hCG hormone to effect weight loss. Our best case so far: "A 63 year old man, 60 lbs overweight. He walks 5 miles per day, is careful with diet yet has been unable to lose a OUNCE in the past 8 years.

He's lost 26 lbs in 21 days.

If you're STUCK, this will be a miracle for you.

\$175.00 Includes a consult, diet package (no food), and enough drops to do 3 rounds of the program.



Consult can be in person, or over the phone, or via Skype



Miro Posavec, Homeopath
www.miropath.com
Office in Vero Beach

772.774.8529



Ask Whitedove

...continued from page 15...

Dear Whitedove:

The Ghost Investigating TV shows on right now are cool, but they never seem to capture any phenomena. These programs seem a bit contrived although I enjoy them. Obviously the hauntings continue after the ghost hunters leave. But wouldn't it be more helpful to stop the haunting instead of just trying to witness it?

~Ghost Believer in Billings

Dear Believer, I have been brought in to remove many a Ghost. For me, it's about bringing closure to the wayward soul so that it will move into the Heavens. As a Medium, first I must find the specific motive that the soul decided to stay. I've found many reasons: attachment to their home, fear of judgment, confusion, to stay with a loved one, or to seek justice. Once I know their issue, only then I can usually convince them to move forward in their journey. When this happens, then there is newfound peace for the family that has been sharing their space with the Earth-bound spirit. It's always my goal to get the soul to cross over to Heaven.

Dear Whitedove,

My mom went to one of your events and told me of your x-ray vision and ability to see her medical issues. I'm studying to be a nurse and I'd like to have an understanding of how this gift works. ~LPN in Lauderdale

Dear LPN,

The gift of intuition is one that we all have. Through the years, many people have come to seek explanations for their medical mysteries. I've been able to fine tune my ability to psychically see into the body, scanning it for issues. I can see tumors, cancers, blood deficiencies, spinal ailments, neurological issues, nerve damage and hormonal imbalances too. As a health intuitive, I successfully use this God given ability of medical intuition to direct people to see the correct medical specialists based on their needs, but I am not a Doctor.

For you, as a nurse I'd highly recommend developing your intuition. When you utilize medical science with your innate guidance system/intuition then you can help your patients on a new level. You'll gain great satisfaction from this.



Abraham-Hicks

...continued from page 26...

"Because it has manifested, and now I see it, or now I experience the repercussions of having it -- now that holds me in vibrational harmony with it." And so, that's why we say... "The more things you can do to distract yourself from it, the better."

QUESTION: And let go of the time reference, as well? 24 hours is immaterial?

ABRAHAM: It doesn't matter at all. You're an eternal being. Why not let this be the opportunity of feeling the ecstasy of bringing yourself into alignment? Why not experience the thrill of getting an idea, and holding it purely in your mind, and watching the cells of your body? Why not let that be an adventure, or a journey, that is delicious for you?

CAN I GET OVER THERE FROM HERE?

As you stand here and you say "I'd rather be over there," what you're actually saying is, "I want to go from here to over here." And we say, that's not very likely, is it? There is some distance to travel from here to there.

"I don't want to have to get over there. I want to be over there." And we say, "Well, the way you be over there is by getting there in your mind." And so, how do I get from here to over there, without that feeling of having to traverse the distance? And we say, by feeling that you are already over there.

When you are very clear that you are here, and equally clear that you would like to be over there, there is a tendency to sort of be in both places at the same time.

In other words, "Here I am, I want to be there. Here I am, I want to be there. Here I am, I want to be there. And so, the consensus of your vibration is not making much movement.

Where, if you could stop feeling so profoundly where you are, and start feeling more about where you're wanting to be, then your vibration is purer about this.

Now, that's not an easy thing to do when it has something to do with your physical body or your physical experience, or the stuff you see around you. In other words, "Here is where I am. How can I not recognize that I am here?"

Ask about our NO CREDIT CHECK InHouse Finance Program

We Help People Get Well And Stay Well!



- Laser Therapy
- Bio-electromagnetics
- Acupuncture
- Hypnosis
- Herbs/Homeopathy
- Thermography Screening

DAVID RINDGE, LAc, DOM, RN ACUPUNCTURE PHYSICIAN

DOCTOR OF ORIENTAL MEDICINE • REGISTERED NURSE
OVER 35 YEARS MEDICAL EXPERIENCE • PRESIDENT EMERITUS, FLORIDA
STATE ORIENTAL MEDICAL ASSN



Sheila Rindge, CHt Certified Hypnotherapist

Behavior Modification:
Smoking, Weight Control

Overcome Fears and Anxiety

Performance enhancement:
Competitive sports, personal goals

CENTER COOPERATIVE MEDICINE
279 N. Babcock Street
Melbourne, FL 32935
321-751-7001
www.cooperativemedicine.com



We're not asking you to stop recognizing that you are here. We're just asking you to spend more time thinking about where you want to be than you do about where you are.

You just have to make where you are going feel more familiar than where you are. And we think that if it really, really mattered, if you were really in a place of strong discomfort, that you might spend more time doing that. We think that we would make it a non-issue. We would start saying, "I'm happy where I am. I'm happy where I'm going. I'm happy along the way. I'm happy eternally. I'm not trying to get from here to there because I'm not happy here -- I'm just going from here to there because that's the natural process."

DIFFUSING ANY SENSE OF LACK OF WELL-BEING

You're wanting to diffuse any sense of lack within your experience. "I would like my body to produce insulin, but it's not a big deal, because I have plenty of insulin available to me. And so, my body is maintaining its balance. And whether I'm getting it this way or that way, I'm already where I'm wanting to be."

...continued on page 34...



Abraham-Hicks

... from page 33...

For example, if it's relative to dollars, Certainly I'm wanting more dollars, but I'm not wanting more dollars because I'm in a place of lack, or of not enough dollars. There are plenty of dollars coming."

Your dominant work is to diffuse any feeling of lack, or any feeling of pushing against anything. That's the way you hold yourself in this place of greater allowance.

We want to find ways to convince you that the Well-being that you've been asking for is being answered. Your wish is granted. Now it's time for you to start accepting that it is done.

In other words, "The financial institution has granted my request for a home loan. The school I have chosen for my child is fantastic. My body feels great. The money is flowing. My mate truly adores me. I have creations within me that are expanding. There is beauty before me. Every day of my life will be delicious. My future is bright.

There is no such thing as decline. I am a vessel continually infused with powerful Energy. Well-being truly abounds. The earth spins in its orbit. The tomatoes continue to grow. My cells know what to do. My breathing mechanism is perfect. My metabolism is perfect. My elimination system is perfect. My blood knows what to do..."

In the same way that you don't put the sun coming up on your To Do list, don't put creating insulin on your To Do list. Just appreciate yourself into the Well-being that is natural to you.

GUEST: I've had a really long To Do list, haven't I?

ABRAHAM: Yes, because you've been trying to justify your worthiness through it. And nobody's watching. That's the important thing. All that worthiness you've been striving for is misguided.

GUEST: Well, every statement you've made, I fully feel and agree with. And I'll just enjoy myself



Thoughts about things...

... from page 7...

signals. Anyone can benefit from this. Childhood trauma can cause neurons connecting critical thinking with emotional control in the brain to wither and die. Mindfulness heals these connections. Compassion, empathy, understanding, acceptance and other benefits come from daily sitting practice of mindfulness.

Here is a tip for parents from gong musician/therapist/healer Richard Hite: Daily sitting 25-30 minutes a day heals the neurons connecting critical thinking with emotional control in the brain. No beta waves means no words, no words means no story. Nothing better than a direct experience of the universe that is beyond words. The real universe is so much bigger than can be defined by words or contained by thought we let go of the basis of thinking to experience it in all its magical glory. It is akin to being reborn fresh and new when thought returns.

In the early evening, I do my creative vualization sessions. I bring out the list of projects I'm working on with friends and partners, as well as notes and emails people have sent me. I spend a few minutes on each, sending some energy toward their vision, with the intent to help prepave their future experience. Then my personal just-before-bedtime-routine is a quick nightly review of what happened that day, and some personal creative viz toward what I'd like to happen tomorrow or next week or next year.

I like changing up my routines. It always starts the domino effect of other things happening in my life. Things that need shaking up, get shaken up. Old structures fall away so new ones can replace them. I wrote at my blog: "Let's see what happens next."

Within a week of changing up my schedule, my tenant of nine years notified me she was moving out of the mobile home I own at **Holiday Park in Palm Bay**. It's in an over-55 park on **Malabar Road** right off I-95 and it's light and bright, 2 bedrooms, 2 bathrooms, washer and dryer in the laundry room, screened porch and good neighbors. Health concerns require surgery and she will be moving in with her children, so I will have an opening for a new tenant. A friend asked me why that could happen to me -- my tenant leaving without notice -- since I'm "such a positive thinker." I always have to laugh when I get that question because *why would someone assume that me losing a tenant is a bad thing?*

...continued on page 38...



LIBERATION BANQUET

... from page 12...

4. ENVIRONMENTAL

- Clean out a closet or drawer.
- Give stuff to Goodwill.
- Clean one room.

5. FINANCIAL

Pay attention to what you spend; is it truly of benefit to you?
If you need a job, do something to move toward getting one.

6. NUTRITIONAL

- Decrease sugar intake.
- Eat fresh vegetables.
- Drink two quarts of water every day.
- Eliminate another unhealthy food choice such as soda pop.
- Replace with lemon water which makes you feel full.
- Eat lean meat, red meat for energy if you are low energy.
- Replace white food with whole grain bread, quinoa.

7. REST AND REPLENISHMENT

- Meditate.
- Grossly under-schedule.
- Breathe deeply once every hour.
- Nap every day for twenty minutes.
- Write, walk, drink water.
- Go to bed by 10pm and get 7-8 hours of sleep.
- Drink Valerian Root tea two hours before you go to bed to help you sleep without medication.

8. HAPPINESS HABITS

Begin and end your day by naming 3 things you're grateful for.
Pay attention to what brings you joy.

9. INTELLECTUAL STIMULATION (ALZHEIMER'S PREVENTION)

- Dance. Nia is especially great.
- Read something challenging.
- Watch TED videos on the internet.

10. GET SUPPORT

- Join a support group.
- Find a Success Buddy.
- Get a coach.
- Ask for help and receive graciously.

OUR MISSION STATEMENT

Established in 1992, Horizons Magazine is designed to inspire, educate and entertain those who are exploring the body/mind connection and seeking spiritual solutions to everyday life.

OUR PURPOSE IS:

To provide a forum to connect those who seek purpose in life. To use our combined power to encourage each other in our personal visions.
To remind you that you are far more powerful than you can imagine.

To establish in the minds of our readers the reality of the mind / body connection and the fact that we participate in creation of the reality we experience. We do this by our intentions, beliefs and expectations, by every thought we think and every word we speak.

To promote the reality that we survive in consciousness after the change called death. To comprehend this, we promote the practice of daily separation of consciousness from the body via meditation. Once we experience our existence beyond physical circumstances, the fear of death is removed. The less fear of death we have, the more we see the world from the higher perspective and the more we recognize how powerful we really are.

This frees us to begin to live more fully, in every moment, now.

Our lives become increasingly fulfilling as we take responsibility for how we perceive life and how we react to it.

We're here to find and relate to others, and everyone who reads these words or writes a word in these pages seeks to be connected with those who seek likewise. So, if you read an article that touches your heart, or an ad that intrigues you, call and get together with the person listed; or just call and introduce yourself and discuss their offering with them. Connect with each other, come to know each other, exchange information. We believe that as we all work together, we are making the world a better place.

*From my heart to yours,
Andrea de Michaelis*



Barbara Lee is a Reiki Master Teacher, Psychic and Professional Astrologer. She offers phone consultations and a state of the art astrological chart service with six types of computerized reports. Call Barbara at 1-208-773-7822, visit on the web at www.IntuitiveReflections.com, or email barbaralee21@roadrunner.com

HOROSCOPES

Aries: May 20 to April 19 "I Am."

During the hot and steamy nights of August beware of any tendencies towards domination where love and children are concerned. With transiting Uranus in Aries retrograde since 7/9/11, your life is in the clean up stage. August 17, and 18 are good days to finish up any last details.

Taurus: April 19 to May 19 "I Have."

What is really going to make you happy this month is to focus on service, and helping others be their best. Your stamina is strong because you have made a commitment to your health by exercising and eating right. Really the key to your happiness will be to do what you love. August 20th and 21st are great days to focus on fun.

Gemini: May 20 to June 20 "I Think."

What ever you find yourself doing this August you will be energized beyond belief with transiting Mars in Gemini on your tail. August 23rd is a mercury day; because the Sun enters Virgo while the moon is

in Gemini and the sun leaves Gemini, take time to realize what is important, and get a clear picture of what your future holds. A powerful day of clear thinking and contracts.

Cancer: June 20/21 to July 22 "I Feel."

Lately you have felt very uncomfortable with yourself without knowing why. But seriously it all has to do with your present reality, change your thinking and you change your belief system. Childhood memories have left a mark on any future thought forms wanting to be manifested. August 24th and 25th are perfect days for you to rejuvenate yourself.

Leo: July 22 to August 22 "I Will."

This month is a time to realize how your beliefs have shaped your life. You thrive on being the center of attention just like the sunflower that needs to be planted in direct Sun. Whatever you do this month, make sure you do your best because you will be in the limelight, nothing can be hidden. What you see is what you get.

Virgo: August 22 to September 22 "I Analyze."

Mental and emotional awareness is like having your cake and eating it too! For the month of August transiting Mercury in your sign will be affecting the way your mind works. What is worse is that Mercury goes retrograde in Virgo on August 2, 2011. Many challenges, needing lots of clarity towards more understanding.

Libra: September 22 to October 22/23 "I Balance."

You have a need for balance in your life especially this month. Transiting Saturn is still in your sign for two more years. Now is the time to buckle down and really focus on the important things in your life that matters. Stay clear of indecisiveness and vacillation and set your sights on a successful future.

Psychic & Astrological
Phone Consultations
Astrological Chart Service



Barbara Lee
208-773-7822

Visa / MC accepted
Email barbaralee21@roadrunner.com
www.IntuitiveReflections.com

Order a Natal Report
receive a one month
Transit Report FREE



Wildwood Botanicals
Premium Massage Lotion and Cream

Wildwood Botanicals Premium Massage Lotion & Cream
Visit website at www.wildwoodbotanicals.net
Email info@wildwoodbotanicals.net (208) 773-7822

August 2011



SUGGESTED READING WATCHING LISTENING

Scorpio: October 22/23 to Nov 21/22 "I Transform."

You greet life with passion and an enthusiasm that tells people to get out of the way. The battleground of the conscious with the subconscious self is huge. Some where along the way you must find your middle ground. Who are you and what do you want to do when you grow up. You are at a crossroads with many choices; it is up to you!

Sagittarius: November 21/22 to Dec 21 "I Perceive."

Sagittarius ruler of the hips is the energy of moving forward. Your greatest lesson is perception and understanding with a desire for a well rounded life style beyond your dreams. You know by now that if you want anything you have to get up off the couch and go get it yourself. Passion is about moving forward in life, as well as being fulfilled.

Capricorn: December 22 to January 19/20 "I Use."

Even though your approach to life is very practical and down to earth you still seem to be in the clouds as far as your goals are concerned. This month will be about your ability to focus and steady your mind, communication will be very important with family members.

Aquarius: January 19/20 to February 19 "I Know."

You may be the one that your relatives think is too far out, but act as a catalyst for your friends and family. Your world may seem lonely at times just because you have been so isolated from your family; that is all changing for the better. You know the future and now you just have to catch up with it.

Pisces: February 19 to March 20 "I Believe."

Your emotional nature is strong and sensitive and with that said you are very close to your family. It is time to stick your feet in the dirt and really get grounded for what is coming. You are healing at the very core of who you have been so the new you can come out to play!

CDS:

Getting into the Vortex Guided Meditations CD and User Guide by Esther and Jerry Hicks

BOOKS:

Be Love Now, The Path of the Heart by Ram Dass
The Essence of Tantric Sexuality Mark A. Michaels, Patricia Johnson
Ecoshamanism by James Enndredy
Change your Life, Change the World by Ryuho Okawa
The Well That Never Runs Dry by Joann Davis
Yoga For Every Room in your House by Jinjer Stanton
I'm Not Dead, I'm Different: Kids in Spirit by Hollister Rand
Fading Toward enlightenment by Wayne Wirs www.fade2e.com

FROM WWW.LLEWELLYN.COM

Chakra Awakening by Margaret Ann Lembo

WWW.HAYHOUSE.COM

Question Your Thinking, Change the World by Byron Katie
How to Hear Your Angels by Doreen Virtue, Ph.D
Healing Words from the Angels Doreen Virtue, Ph.D.
The Age of Miracles Marianne Williamson

WWW.NEWWORLDLIBRARY.COM

The Hidden Spirituality of Men by Matthew Fox
The Denim Diet by Kami Gray
Do It Anyway by Kent M. Keith
Saying goodbye to your Angel Animals by Allen & Linda Anderson
Why Walk when You Can Fly by Isha
365 Prescriptions for the Soul by Dr Bernie S. Siegel

FROM WWW.SIMONANDSCHUSTER.COM

How to Be Compassionate by His Holiness the Dalai Lama
The Secret Life of Water by Masaru Emoto
The Miracle of Water by Masaru Emoto

WWW.ABRAHAM-HICKS.COM

Ask And It Is Given
Money & Manifestation
The Astonishing Power of Emotions
The Law of Attraction: Teachings of Abraham
From Grief To Joy: Moving Up The Emotional Scale
Money and the Law of Attraction: Learning to Attract
The Vortex, Where Law of Attraction Assembles All Relationships
Getting into the Vortex Guided Meditations CD and User Guide

MUST SEE DVDS

The Secret Behind The Secret www.abraham-hicks.com

The Secret - the Original edition with Abraham-Hicks. It's the one with "the secret" actually in it, although The Secret "extended version" (with Abraham-Hicks edited out) has good info in it also.



"I want to look back on my life and be giddy with joy that I was the one who got to live it."

Thoughts about things...

... from page 34...

And it wasn't really out of the blue. I always know when things are shaking up for me that I've done something to attract it. I'd written earlier this week that I bought a new bed and re-arranged furniture in the bedroom and sitting room areas. I also changed up my spiritual practice, and re-did the altar in the living room fireplace. My life experience tells me that anytime I start moving stuff around like that, that is the butterfly wing that puts the waves of change into motion.

It's times like this that the Universe lets me show myself how much faith I actually have. I choose to bring to mind the fact that I've never had anything taken from me that wasn't replaced by something better. It's always an upgrade as far as personal happiness. That's my story anyway, and it works. I remember that whatever story I'm telling on a regular basis is going to become my reality. And my experience has been that nothing leaves my life without it making room for something better.

So how can I stay in the flow when one source of income is scheduled to stop? I remember that I have multiple sources of income and that if one dries up, another can begin. It's always been so and it's never been a problem. Because of that, I don't worry and freak out about it. Plus, I have good landlord/tenant karma (smile.) Plus I can always scrub floors or work at McDonald's if it came to that. It's all good.

I don't worry about it because I remember that my dollars flow out of who I am. Just as the giant oak tree comes from the tiny acorn, just so do my dollars flow out of who I am, and what I am being and doing. I recognize that God/the Universe is my supply and it is their good pleasure to give me the kingdom. And if I have faith, I can stay in the vortex and what I want will be laid at my feet. Every time. It helps to remind myself what I want and what I like.

I know that when I am in the vortex, if I just go with the flow, it will all work itself out. If I allow myself to be pulled out of the vortex as a result of anything that anyone around me is saying or doing, it's my fault. I'm in charge of where I let my thoughts lead me. They either lead me in or out of the vortex. It's as simple as that.

So, yes, I've been stirring up the chi at home and within days I have evidence of it shaking up my physical world. But none of it is bad news. To me, it's like drawing the tarot card of **The Lightning Struck Tower**. It means the breakdown of the status quo and the opportunity to rebuild again fresh a life that is more relevant to me now. The result is always something I prefer emerging from the ashes of what was no longer satisfying my soul.

I will be on the lookout for opportunities to become aware of, for people to connect with, and do whatever work shows up in front of me. I am so blessed to lead the life I do, I have no complaints whatsoever.



Enjoy our offering this month.
Hari Om.

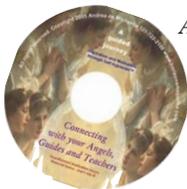
Andrea

For rent in Palm Bay, FL, a 2 bedroom 2 bath mobile home in Holiday Park, over-55, \$625/mo. Light, bright, clean, private, quiet, great landlord, references checked.
Email andrea@horizonsmagazine.com

Available for *immediate mp3 download* for just \$10 (regular cd \$22)

Connecting with your Angels, Guides & Teachers

Designed to activate the third eye, expand awareness, develop psychic perception and become receptive to inner guidance. Even if you have never experienced conscious contact, you can still be successful. Once you activate your psychic perception, expect to receive inner guidance more clearly than ever before. Even if you are skeptical, you can still be successful. A fish doesn't have to believe in the ocean. As your third eye opens, expect to receive more vivid psychic impressions from your angels, guides and teachers.



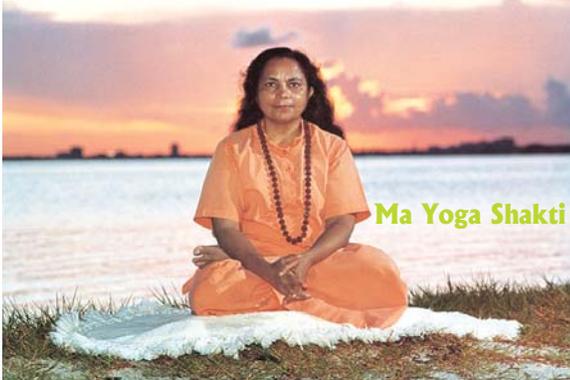
Andrea, I listen to this mp3 file as I begin my meditation, then I go into the silence for 20 minutes. I never felt very successful at meditating until now. It's easier to feel peaceful and things don't worry me as much now. I have even done some automatic writing that has helped me focus myself careerwise, and my new ideas are creating more income. Thank you for the kickstart. Jennifer Hudson, Orlando

Listen online

For download, go to www.horizonsmagazine.com -- Go to "Andrea's Audio CD MP3 Page" OR directly to http://www.horizonsmagazine.com/CD_Page/index.html



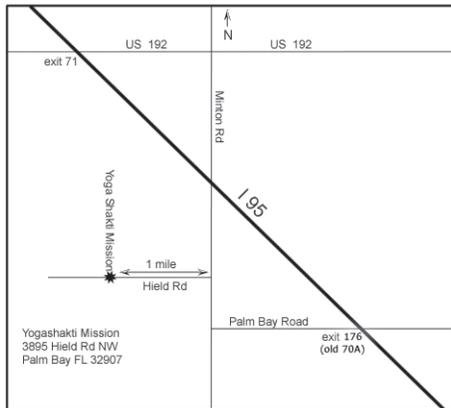
YOGA SHAKTI MISSION



Ma Yoga Shakti

Sunshine Lectures
Sundays 9 - 10am

Talks on Spiritual Topics



Ramayan Chanting
Sundays
10:15-11:15 am

Bhajans/Kirtans
First Wednesday
6.45- 7 45 PM

First Saturday
at noon

VEGETARIAN
LUNCHEON

\$10 donation
(children free)

YOGA CLASSES

\$7 Per Class or \$25/month unlimited

Monday 7:00-8:00pm
Gajendra Giles

Tuesday 7:00-8:00pm
Maryann and Jim Loafman

Thursday 7:00-8:00pm
Chip & Shyama Iacona



www.photographybyrebecca.com



September 2-4, 2011 Labor Day Retreat with Mataji

Come away for a weekend to a different world, in the oasis of beauty and peace created for us by **Mataji** in her Palm Bay Ashram. Sit at the feet of a Master of Yoga, **Mataji, Ma Yogashakti**. Hear her expound the wisdom of the Vedas. Take part in Hatha Yoga classes, early morning satsang, meditation with **Mataji** and traditional temple worship.

REGISTRATION: In advance \$120 per person, families \$170.

At the door \$130 per person or \$190 families.

WHEN: 4 pm on Friday until 2 pm Sunday.

MEALS: Delicious and wholesome home-cooked vegetarian meals will be served each day.

WHAT TO BRING: Sleeping pad or blankets and sheets, loose comfortable clothes, towel, yoga mat, pen and notebook.

BOOKS BY MA YOGA SHAKTI

Techniques of Meditation to Enhance Mind Power \$10

The Seven Invisible Psychic Lotuses \$10

Yoga Syzygy Guide to Hatha Yoga \$15

Shri Satya Narayana Katha \$5

Chandogya Upanishad \$5

A Spiritual Message \$5

Hanumaan Chalisa \$5

Yoga Aasana Chart \$2



Newly re-released: **Spiritual Message just \$5**

Tips on daily spiritual practice, silencing the mind

YOGA SHAKTI MISSION

3895 Hield Rd NW
Palm Bay

321-725-4024

Email yogashaktipb@yahoo.com

Visit our website at
www.yogashakti.org

HORIZONS MAGAZINE
575 Escarole Street S.E.
Palm Bay, FL 32909-4802



As hopeless as any situation feels, it's really only your thoughts that you're dealing with. And you have the power to change those. Louise Hay

Frequently Visit This Informative Web Site

www.csa-davis.org

Free Video and Audio Talks by Roy Eugene Davis
A direct disciple of Paramahansa Yogananda

Read or download these publications FREE

Truth Journal Magazine

An Easy Guide to Meditation

How You Can Use Your Creative Imagination

The Simplicity of Spiritual Enlightenment

Information and Articles in:

**English, Spanish, German, Italian, French,
Turkish, and Hindi**

Weekly Guidelines to Inspired Living



Order Mr. Davis' books, DVDs, and Audio CDs Online

Roy Eugene Davis has taught spiritual growth processes for more than five decades in North and South America, Europe, Africa, and India. Request our free literature packet.

Center for Spiritual Awareness P.O. Box 7 Lakemont, Georgia 30552-0001.

info@csa-davis.org Tel: 706-782-4723 weekdays 8 a.m. – 3 p.m.

